

MIAC INDOOR CHAMPIONSHIPS
March 6-7, National Sports Center, Blaine

MEN

55 Meter Dash

Round 1, Heat 1

| | | |
|---|--------------------------|------|
| 1 | Jon Munson, So, StT | 6.59 |
| 2 | Dennis Williams, So, Ham | 6.69 |
| 3 | Pat Murphy, Sr, StT | 6.70 |
| 4 | Ryan Murray, So, StJ | 6.72 |
| 5 | Adam Henry, So, Carl | 6.84 |
| 6 | Joe Gaugler, Fr, Gus | 7.03 |
| 7 | Rob Knight, Jr, Aug | 7.07 |

Round 1, Heat 2

| | | |
|---|-----------------------------|------|
| 1 | Jeff Scherer, Sr, Carl | 6.55 |
| 2 | Pete Buck, Jr, Ham | 6.79 |
| 3 | Roger Taylor, Fr, Ham | 6.79 |
| 4 | Mike Nakagawa, Sr, Mac | 6.82 |
| 5 | Tony Roemer, Sr, StJ | 6.85 |
| 6 | Rob Love, Fr, Ham | 6.88 |
| 7 | Steve Rittgers, Fr, Beth | 6.93 |
| 8 | Anthony B Halstead, Jr, StO | 6.99 |

Round 1, Heat 3

| | | |
|---|--------------------------|------|
| 1 | Tony Moses, Fr, Beth | 6.66 |
| 2 | Andy Becker, Jr, Con | 6.77 |
| 3 | Dale Szymborski, Sr, StJ | 6.78 |
| 4 | Eric Johnson, Sr, StT | 6.79 |
| 5 | Robert N Glover, Fr, StO | 6.79 |
| 6 | John Devney, Jr, StJ | 7.03 |
| 7 | Robert Early, Fr, Carl | 7.04 |
| 8 | Chris Hunt, Fr, Aug | 7.11 |

Round 1, Heat 4

| | | |
|---|---------------------------|------|
| 1 | Jeff Diedrich, Jr, Ham | 6.60 |
| 2 | Joel Drew, Fr, Beth | 6.69 |
| 3 | John Drew, Fr, Beth | 6.71 |
| 4 | Brian C Tri, So, StO | 6.79 |
| 5 | Rob Gag, Jr, StJ | 7.02 |
| 6 | Scott Colbert, Fr, Gus | 7.23 |
| | Richmond Sarpong, Fr, Mac | DQ |

Final

| | | |
|---|--------------------------|------|
| 1 | Jeff Scherer, Sr, Carl | 6.53 |
| 2 | Tony Moses, Fr, Beth | 6.57 |
| 3 | Jeff Diedrich, Jr, Ham | 6.64 |
| 4 | Joel Drew, Fr, Beth | 6.65 |
| 5 | Pat Murphy, Sr, StT | 6.66 |
| 6 | Dennis Williams, So, Ham | 6.67 |
| 7 | John Drew, Fr, Beth | 6.71 |
| | Jon Munson, So, StT | DNC |

300 Meter Dash

| | | |
|---|-------------------------|-------|
| 1 | Paul Blomgren, Sr, Carl | 35.29 |
| 2 | Jeff Scherer, Sr, Carl | 35.59 |
| 3 | David Pagel, Jr, Ham | 35.74 |
| 4 | Ryan Murray, So, StJ | 35.81 |
| 5 | Michael Mercer, Sr, StO | 35.87 |

| | | |
|----|--------------------------------|-------|
| 6 | Eric Johnson, Sr, StT | 36.02 |
| 7 | Pat Murphy, Sr, StT | 36.25 |
| 8 | Shawn Ellingson, Jr, StT | 36.64 |
| 9 | James Strait, Jr, Beth | 36.88 |
| 10 | Andy Becker, Jr, Con | 37.00 |
| 11 | Lindsey T Emerson, Sr, StO | 37.01 |
| 12 | Josh Arneson, Fr, Ham | 37.44 |
| 13 | Mike Weems, Sr, Beth | 37.48 |
| 14 | Dave Lupafya, Fr, Ham | 37.88 |
| 14 | Nelson Jumbe, So, Mac | 37.88 |
| 16 | Paul Johnson, So, Con | 37.95 |
| 17 | Jason Wallace, So, StJ | 37.96 |
| 18 | Roger Taylor, Fr, Ham | 38.05 |
| 19 | Christopher J Schmidt, So, StO | 38.14 |
| 20 | James Umbanhowar, So, Carl | 38.31 |
| 21 | Brett C Lillemoe, Sr, StO | 38.35 |
| 22 | John Devney, Jr, StJ | 39.03 |
| 23 | Joe Gaugler, Fr, Gus | 39.1 |

400 Meter Dash

| | | |
|----|--------------------------------|----------------|
| 1 | Gerard Cote, So, Carl | 49.50 |
| | | NCAA Qualifier |
| 2 | Paul Blomgren, Sr, Carl | 50.09 |
| 3 | Vincent Paduano, Jr, StT | 50.23 |
| 4 | Jon Crowson, Jr, Ham | 50.89 |
| 5 | David Pagel, Jr, Ham | 51.06 |
| 6 | William D Kugel, Fr, StO | 51.27 |
| 7 | Dan Nelson, So, Beth | 51.85 |
| 8 | Andy Voorhees, Sr, Gus | 51.95 |
| 9 | James Strait, Jr, Beth | 52.05 |
| 10 | Christopher J Schmidt, So, StO | 52.46 |
| 11 | Chris Link, Fr, Mac | 52.49 |
| 12 | Adam Solano, Sr, StJ | 52.56 |
| 13 | Jay Conzemius, Sr, StJ | 52.57 |
| 14 | Mike Weems, Sr, Beth | 52.71 |
| 15 | Eddie West, Fr, Mac | 52.77 |
| 16 | Paul Johnson, So, Con | 52.78 |
| 17 | Craig Thompson, Fr, StT | 52.81 |
| 18 | Brett C Lillemoe, Sr, StO | 53.39 |

600 Yard Dash

| | | |
|----|----------------------------|---------|
| 1 | Collin Beachy, Jr, Con | 1:13.62 |
| 2 | Eric Hudson, Fr, StT | 1:13.85 |
| 3 | Dave Boardman, Fr, Carl | 1:14.12 |
| 4 | Darin Zielsdorf, Sr, Gus | 1:14.73 |
| 5 | Jay Lawton, Fr, StT | 1:14.74 |
| 6 | Jeff Louk, So, Con | 1:15.31 |
| 7 | Paul W Thornton, Jr, StO | 1:15.34 |
| 8 | Christoph J Welsh, So, StO | 1:15.81 |
| 9 | Michael S Mercer, Sr, StO | 1:15.90 |
| 10 | Devin Rice, Jr, Mac | 1:15.99 |
| 11 | Chris Allen, Fr, Ham | 1:16.40 |
| 12 | Tom Auger, Fr, StT | 1:16.86 |
| 12 | Eric Paumen, Fr, StT | 1:16.86 |

| | | | | | |
|----------------|----------------------------|-------------|----------------|-----------------------------|----------|
| 14 | Jeff Gelo, Sr, StT | 1:17.36 | 10 | John Renneke, So, Con | 4:13.13 |
| 15 | Sean Sundberg, So, Ham | 1:17.42 | 11 | Mark Nordberg, Jr, Gus | 4:14.00 |
| 16 | Thomas A Cram, So, StO | 1:17.67 | 12 | Ryan Hagan, Jr, StJ | 4:14.51 |
| 17 | Pat Foley, So, StJ | 1:17.72 | 13 | Brian Gross, Jr, StJ | 4:15.04 |
| 18 | Joel Carufel, Sr, Beth | 1:18.89 | 14 | Brian Grove, Fr, Con | 4:15.16 |
| 800 Meter Run | | | | | |
| 1 | Eric Hudson, Fr, StT | 1:53.92 | 15 | Kevin O Phillips, Fr, StO | 4:15.39 |
| | | MIAC Record | 16 | Kris Jungels, Jr, StJ | 4:20.11 |
| 2 | Kyle Johnson, Jr, Con | 1:54.50 | 17 | Tim Hogan, So, StJ | 4:22.45 |
| 3 | Jay Lawton, Fr, StT | 1:56.05 | 18 | Bob Bauck, Jr, Con | 4:23.83 |
| 4 | Mike Mason, Fr, Gus | 1:56.15 | 19 | Bryan Beel, Sr, StJ | 4:23.86 |
| 5 | Jonathan Hasleiet, Sr, StT | 1:58.23 | 20 | Matt Legas, Fr, Ham | 4:24.50 |
| 6 | Paul W Thornton, Jr, StO | 1:58.33 | 21 | Dave Schroeder, Sr, Gus | 4:26.71 |
| 7 | Matt Wickman, Fr, Beth | 1:59.64 | 22 | Bradley R Lindberg, So, StO | 4:28.11 |
| 8 | Jeff Louk, So, Con | 1:59.65 | 23 | Matt Drewitz, So, Gus | 4:30.74 |
| 9 | Devin Rice, Jr, Mac | 2:00.35 | 24 | Matt Fox, Jr, StJ | 4:32.12 |
| 10 | Sean Sundberg, So, Ham | 2:00.93 | 25 | David Rocchio, Fr, StJ | 4:32.53 |
| 11 | Todd Huber, Jr, Aug | 2:01.08 | 26 | Chris Tomczik, Fr, StT | 4:32.65 |
| 12 | Steve Style, Fr, Gus | 2:01.58 | Two Mile Run | | |
| 13 | John Renneke, So, Con | 2:01.79 | 1 | Jason Trichlar, Jr, Con | 9:22.99 |
| 14 | Aaron Mysliviec, Jr, Carl | 2:03.63 | 2 | Eric Jones, Sr, Ham | 9:29.03 |
| 15 | Thomas A Cram, So, StO | 2:03.76 | 3 | J McLelland, So, Gus | 9:34.17 |
| 16 | Andrew Jensen, Fr, StO | 2:06.36 | 4 | Mike Nordberg, Jr, Gus | 9:34.64 |
| 17 | Matt Drewitz, So, Gus | 2:06.95 | 5 | Dean Broadhead, Jr, StT | 9:38.22 |
| 18 | Brian Gross, Jr, StJ | 2:07.10 | 6 | Joe Wren, Jr, StT | 9:42.30 |
| 19 | Alec Walker, Fr, Gus | 2:10.02 | 7 | Philip Dunn, Jr, Carl | 9:43.16 |
| 20 | Ben Marcus, So, Carl | 2:10.92 | 8 | Derek O Phillips, Fr, StO | 9:44.70 |
| 21 | Sean McClain, Fr, StJ | 2:13.34 | 9 | Mark Engebretson, Sr, Con | 9:46.53 |
| 1000 Meter Run | | | | | |
| 1 | Jim Miklausich, So, StT | 2:31.72 | 10 | Bob Simmons, Jr, StJ | 9:47.51 |
| 2 | Collin Beachy, Jr, Con | 2:33.76 | 11 | Steven Kramer, So, StO | 9:48.71 |
| 3 | Glenn Williams, Sr, StT | 2:33.82 | 12 | Gaio Lakin, Fr, Carl | 9:50.49 |
| 4 | Kirk J Swanson, Jr, StO | 2:34.27 | 13 | Jon Greenberg, Fr, Mac | 9:51.30 |
| 5 | Vince Boyer, Sr, Ham | 2:34.34 | 14 | Timothy B Cotts, So, StO | 9:54.25 |
| 6 | Tim Bollom, So, StT | 2:34.64 | 15 | Chad Bell, Fr, StT | 9:57.78 |
| 7 | Jason Day, Jr, Con | 2:34.66 | 15 | Andy Bove, So, Carl | 9:57.78 |
| 8 | Chad Babcock, Fr, StT | 2:36.36 | 17 | Bobby Anderson, Jr, StJ | 10:03.9 |
| 9 | Mike Casper, Sr, Carl | 2:38.36 | 18 | Kevin Brenner, So, StJ | 10:05.1 |
| 10 | Chad Herr, Fr, StT | 2:38.50 | 19 | Tom McCarthy, So, StJ | 10:10.0 |
| 11 | Matt Etzell, So, StJ | 2:39.26 | 20 | Dan Deuhs, So, StJ | 10:10.3 |
| 12 | Brian Lenzmeier, Sr, StJ | 2:39.95 | 20 | Jeff Corey, Jr, StJ | 10:10.3 |
| 13 | Daniel B Bucknam, Fr, StO | 2:44.16 | 22 | Mark Schoenfelder, Jr, StT | 10:17.4 |
| 14 | Chris Repinski, Jr, Ham | 2:44.58 | 23 | Darrin Haagenson, Fr, Con | 10:17.9 |
| 15 | Steve King, Sr, StJ | 2:46.70 | 24 | Dan Bergan, So, StT | 10:24.8 |
| 16 | Tim Hogan, So, StJ | 2:48.01 | 25 | Steve Zwach, Sr, StT | 10:26.1 |
| 1500 Meter Run | | | | | |
| 1 | Jim Miklausich, So, StT | 3:58.96 | 26 | Brian Grove, Fr, Con | 10:36.0 |
| 2 | Glenn Williams, Sr, StT | 3:59.69 | 5000 Meter Run | | |
| 3 | Patrick Weiss, Jr, StT | 4:04.57 | 1 | Bob Klindworth, Jr, Gus | 14:53.00 |
| 4 | Jason Day, Jr, Con | 4:07.50 | 2 | Jason Trichlar, Jr, Con | 15:05.61 |
| 5 | Kyle Johnson, Jr, Con | 4:07.95 | 3 | Rory Matter, Sr, StT | 15:13.70 |
| 6 | Erik J Dahl, So, StO | 4:08.55 | 4 | Will Kemper, Jr, Carl | 15:38.6 |
| 7 | Chris Babcock, So, StT | 4:08.56 | 5 | Mark Engebretson, Sr, Con | 15:39.7 |
| 8 | Philip Dunn, Jr, Carl | 4:11.61 | 6 | Bob Simmons, Jr, StJ | 15:40.1 |
| 9 | Chad Herr, Fr, StT | 4:12.05 | 7 | Peter Gerenz, So, StT | 15:41.1 |
| | | | 8 | Dan Deuhs, So, StJ | 15:42.7 |
| | | | 9 | Dean Broadhead, Jr, StT | 15:52.0 |
| | | | 10 | Jon Greenberg, Fr, Mac | 15:52.6 |
| | | | 11 | Timothy B Cotts, So, StO | 16:16.4 |

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| 12 | Derek O Phillips, Fr, StO | 16:29.2 |
| 55m High Hurdles | | |
| Round 1, Heat 1 | | |
| 1 | Matt Arbeiter, Jr, StJ | 7.9 |
| 2 | Michael S Mercer, Sr, StO | 7.9 |
| 3 | Mike Lutz, So, StT | 7.9 |
| 4 | Ken Barlage, Fr, StJ | 8.0 |
| 5 | Joel R Dixon, So, StO | 8.4 |
| 6 | Greg Thomsen, Carl | 8.6 |
| Round 1, Heat 2 | | |
| 1 | Jon Munson, So, StT | 7.8 |
| 2 | Eric Rosenkranz, Fr, StT | 7.8 |
| 3 | Christopher Schmidt, So, StO | 8.2 |
| 4 | Mike Cihlar, Fr, StJ | 8.4 |
| 5 | Emry McAlear, So, Con | 8.5 |
| 6 | Jason M Gallagher, So, StO | 8.6 |
| Round 1, Heat 3 | | |
| 1 | Joel Drew, Fr, Beth | 7.8 |
| 2 | Rich Jorgenson, Sr, Con | 8.1 |
| 3 | Ryan Steffenhagen, So, Gus | 8.1 |
| 4 | Shannon Roepke, Fr, Ham | 8.1 |
| 5 | Jamie Lanigan, Fr, StT | 8.1 |
| 6 | Mike Ludwig, Fr, StJ | 8.7 |
| 7 | Peter J Wold, Sr, StO | 9.4 |
| Final | | |
| 1 | Joel Drew, Fr, Beth | 7.80 |
| 2 | Eric Rosenkranz, Fr, StT | 7.88 |
| 3 | Rich Jorgenson, Sr, Con | 7.99 |
| 4 | Matt Arbeiter, Jr, StJ | 8.02 |
| 5 | Mike Lutz, So, StT | 8.08 |
| 6 | Ryan Steffenhagen, So, Gus | 8.14 |
| 7 | Michael S Mercer, Sr, StO | 8.49 |
| 8 | Ken Barlage, Fr, StJ | 8.58 |
| | Jon Munson, So, StT | DNC |
| 4x200 Meter Relay | | |
| 1 | StT (Eric Rosenkranz, Matt Monarski, Shawn Ellingson, Eric Johnson) | 1:30.09 |
| 2 | Ham (Jon Crowson, Dennis Williams, Pete Buck, Jeff Diedrich) | 1:30.23 |
| 3 | Carl (Gerard Cote, Robert Early, Dave Boardman, Adam Henry) | 1:30.73 |
| 4 | StO (Robert N Glover, William D Kugel, Brian C Tri, Christoph J Welsh) | 1:31.28 |
| 5 | Beth (Tony Moses, John Drew, Steve Rittgers, Joel Drew) | 1:31.69 |
| 6 | StJ (Matt Arbeiter, Tony Roemer, Rob Gag, Adam Solano) | 1:33.10 |
| 7 | Gus (Ryan Steffenhagen, Joe Gaugler, Ken Organ, Darin Zielsdorf) | 1:34.08 |
| 8 | Mac (Nelson Jumbe, Chris Link, Eddie West, Mike Nakagawa) | 1:35.29 |

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|-------------------|--|---------------------|
| 4x400 Meter Relay | | |
| 1 | Carl (Gerard Cote 49.1, Jeff Scherer 50.0, Dave Boardman 50.4, Paul Blomgren 50.2) | 3:19.93 |
| | | MIAC Record |
| | | NCAA Qualifier |
| 2 | StT (Pat Murphy, Eric Rosenkranz, Steve Dolan, Vincent Paduano) | 3:22.92 |
| 3 | Ham (Jeff Diedrich, Jon Crowson, Owen King, David Pagel) | 3:23.17 |
| 4 | StO (Robert N Glover, Christoph J Welsh, William D Kugel, Michael S Mercer) | 3:23.42 |
| 5 | Beth (Dan Nelson, Joel Drew, Kevin Mosely, Joel Carufel) | 3:26.64 |
| 6 | StJ (John Strukel, Jay Conzemius, Adam Solano, Ryan Murray) | 3:27.43 |
| 7 | Mac (Mike Nakagawa, Chris Link, Eddie West, Devin Rice) | 3:29.03 |
| 8 | Con (Andy Becker, Paul Johnson, Rich Jorgenson, Emry McAlear) | 3:31.86 |
| 9 | Gus (Ryan Steffenhagen, Rob Olsen, Andy Voorhees, Dave Jeffers) | 3:35.22 |
| 4x800 Meter Relay | | |
| 1 | Con (Jeff Louk, Kyle Johnson, Collin Beachy, Jason Day) | 7:54.55 |
| 2 | StT (Eric Paumen, Patrick Weiss, Tim Bollom, Jonathan Hasleiet) | 7:59.54 |
| 3 | StO (Erik J Dahl, Kirk J Swanson, Thomas A Cram, Paul W Thornton) | 8:04.20 |
| 4 | Carl (Mike Casper, Sean Foley, Aarom Satran, Will Kemper) | 8:05.09 |
| 5 | Ham (Vince Boyer, Chad Lindeen, Chris Allen, Tyson Hoffman) | 8:07.41 |
| 6 | Gus (Steve Style, Mike Mason, Darin Zielsdorf, Bob Klindworth) | 8:09.88 |
| 7 | StJ (Matt Ogle, Chris Borgmeier, Ryan Hagan, Pat Foley) | 8:18.21 |
| 8 | Beth (Peter Karman, Matt Wickman, Stacey Nelson, Rick Lundberg) | 8:25.72 |
| Long Jump | | |
| Round 1, Flight 1 | | |
| 1 | Leonard Jones, So, StT | 23-4 |
| | | Ties NCAA Qualifier |
| 2 | Nelson Jumbe, So, Mac | 23-1 3/4 |
| 3 | Matt Monarski, Sr, StT | 22-2 1/4 |
| 4 | Dan Lynch, Jr, StT | 21-8 |
| 5 | Bryan E Bass, Fr, StO | 20-3 3/4 |
| 6 | Rob Kubat, Jr, StJ | 19-0 3/4 |
| 7 | Todd Faber, Fr, StJ | 18-11 3/4 |
| 8 | Mike Winters, Fr, Aug | 17-11 |
| Round 1, Flight 2 | | |
| 1 | Brian C Tri, So, StO | 22-3 1/2 |
| 2 | Heath B Rasmussen, Jr, StO | 21-7 1/2 |
| 3 | Todd Cina, Sr, Aug | 20-4 1/2 |
| 4 | Jason Wallace, So, StJ | 20-4 1/4 |
| 5 | Gerard Cote, So, Carl | 19-10 1/4 |
| 6 | Jay Cline, Sr, Mac | 19-9 1/2 |

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|-------------------|-----------------------------|----------------|
| 7 | Josh Vande Berg, Fr, StJ | 19-6 |
| 8 | Brian Erola, So, Gus | 19-0 3/4 |
| Final | | |
| 1 | Leonard Jones, So, StT | 24-1 3/4 |
| | | MIAC Record |
| | | NCAA Qualifier |
| 2 | Nelson Jumbe, So, Mac | 23-1 3/4 |
| 3 | Matt Monarski, Sr, StT | 22-7 |
| 4 | Brian C Tri, So, StO | 22-3 1/2 |
| 5 | Dan Lynch, Jr, StT | 21-8 |
| 6 | Heath B Rasmussen, Jr, StO | 21-7 1/2 |
| 7 | Jason Wallace, So, StJ | 20-10 3/4 |
| 8 | Todd Cina, Sr, Aug | 20-8 1/2 |
| Round 1, Flight 1 | | |
| 4 | Jay Cline, Sr, Mac | 43-6 1/2 |
| 5 | Jeff Savolainen, Sr, Ham | 43-5 |
| 5 | Rich Jorgenson, Sr, Con | 43-5 |
| 8 | Owen King, So, Ham | 43-3 1/4 |
| 11 | Jim Hennig, Sr, StJ | 42-9 1/2 |
| Round 1, Flight 2 | | |
| 7 | Kenneth J Hoffmann, Fr, StO | 43-4 1/4 |
| 10 | Shannon Roepke, Fr, Ham | 43-0 1/4 |
| 12 | Ken Barlage, Fr, StJ | 42-6 |
| 13 | Mike Lutz, So, StT | 41-2 1/4 |
| 14 | Rob Kubat, Jr, StJ | 41-1 3/4 |
| 16 | Bryan E Bass, Fr, StO | 40-3 1/4 |
| Round 1, Flight 3 | | |
| 1 | Leonard Jones, So, StT | 46-11 |
| 2 | Dave Boardman, Fr, Carl | 44-6 |
| 3 | James E Frye, Jr, StO | 43-9 |
| 9 | Dan Lynch, Jr, StT | 43-1 |
| 15 | Heath B Rasmussen, Jr, StO | 40-10 1/4 |
| 17 | Todd Faber, Fr, StJ | 36-7 1/2 |
| Final | | |
| 1 | Leonard Jones, So, StT | 46-11 |
| 2 | Rich Jorgenson, Sr, Con | 44-11 3/4 |
| 3 | Dave Boardman, Fr, Carl | 44-6 |
| 4 | Owen King, So, Ham | 44-3 1/4 |
| 5 | James E Frye, Jr, StO | 43-9 |
| 6 | Jeff Savolainen, Sr, Ham | 43-7 |
| 7 | Jay Cline, Sr, Mac | 43-6 1/2 |
| 8 | Kenneth J Hoffmann, Fr, StO | 43-4 1/4 |
| Shot Put | | |
| Round 1, Flight 1 | | |
| 6 | Shannon Whitworth, Sr, Mac | 45-5 |
| 11 | Warren Bostrom, Fr, StJ | 41-7 1/4 |
| 12 | Sam Preston, Fr, StJ | 41-3 3/4 |
| 14 | Kirk Carlson, Fr, Gus | 38-10 1/4 |
| Round 1, Flight 2 | | |
| 1 | John Berg, Sr, Gus | 50-8 1/4 |
| 2 | Jon Ault, Sr, Con | 50-2 3/4 |
| 3 | Scott Mensen, Sr, StJ | 48-5 1/2 |
| 5 | Patrick Ahern, Jr, StT | 45-11 1/4 |
| 7 | Eric Klein, Jr, Carl | 45-3 |
| 9 | Dan Jost, Fr, StJ | 44-11 3/4 |

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| Round 1, Flight 3 | | |
| 4 | Dave Berg, Fr, Gus | 46-4 |
| 8 | Matt Robinson, Fr, StT | 45-1 3/4 |
| 10 | Erik Sorenson, Jr, StJ | 44-9 3/4 |
| 13 | Jason Schlepp, Jr, Con | 39-1 1/4 |
| 15 | Erik Aho, So, Aug | 38-4 |
| 16 | Mike Madigan, Jr, Mac | 31-6 3/4 |
| Final | | |
| 1 | Patrick Ahern, Jr, StT | 54-7 1/2 |
| | | NCAA Qualifier |
| 2 | John Berg, Sr, Gus | 50-10 3/4 |
| 3 | Jon Ault, Sr, Con | 50-2 3/4 |
| 4 | Scott Mensen, Sr, StJ | 48-5 1/2 |
| 5 | Dave Berg, Fr, Gus | 46-4 |
| 6 | Shannon Whitworth, Sr, Mac | 45-5 |
| 7 | Eric Klein, Jr, Carl | 45-3 |
| 8 | Matt Robinson, Fr, StT | 45-1 3/4 |
| High Jump | | |
| 1 | Leonard Jones, So, StT | 6-11 1/2 |
| | | MIAC Record |
| | | NCAA Qualifier |
| 2 | Kenneth J Hoffmann, Fr, StO | 6-9 1/2 |
| | | Ties NCAA Qualifier |
| 3 | Bryan E Bass, Fr, StO | 6-5 1/2 |
| 4 | Mike Cihlar, Fr, StJ | 6-5 1/2 |
| 4 | Mike Lutz, So, StT | 6-5 1/2 |
| 6 | Greg Vacura, Sr, Ham | 6-5 1/2 |
| 7 | Mike Warmuth, Sr, Ham | 6-5 1/2 |
| 8 | Josh Behl, So, Con | 6-3 1/2 |
| 9 | Aaron Oliver, Fr, StT | 6-3 1/2 |
| 10 | Mike Zender, Fr, StJ | 6-3 1/2 |
| 11 | Jim Huseby, Fr, Ham | 6-3 1/2 |
| 12 | Jason M Gallagher, So, StO | 6-1 1/2 |
| 13 | Kurt Watson, Sr, Beth | 6-1 1/2 |
| 13 | Erik R Movold, Sr, StO | 6-1 1/2 |
| 15 | Jim McDonough, Fr, StJ | 5-11 1/2 |
| Pole Vault | | |
| 1 | Brian Oppeneer, Jr, StO | 15-3 |
| | | Ties NCAA Qualifier |
| 2 | Jamie Stahle, Fr, Ham | 14-3 1/4 |
| 3 | Cory Brown, Fr, Ham | 14-3 1/4 |
| 4 | Richard L Hansen, Sr, StO | 14-3 1/4 |
| 5 | Stacey Nelson, Sr, Beth | 13-11 1/4 |
| 6 | Emry McAlear, So, Con | 13-11 1/4 |
| 7 | Brian Dyke, So, StT | 13-7 1/4 |
| 8 | Ryan Beachy, Fr, Con | 13-7 1/4 |
| | Kevin Mosely, Jr, Beth | NH |
| | Steve Mix, Fr, Gus | NH |
| | Steve Dolan, Sr, StT | NH |
| | Kurt Watson, Sr, Beth | NH |
| | Dave Jeffers, Jr, Gus | NH |
| 35 Pound Weight Throw | | |
| Round 1, Flight 1 | | |
| 1 | Patrick Ahern, Jr, StT | 56-7 1/2 |
| | | NCAA Qualifier |
| 2 | Jon Huseth, Sr, Gus | 49-10 |

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|-------------------|-----------------------------|-----------|
| 3 | Ryan Mines, Fr, Gus | 37-3 3/4 |
| 4 | Jason Schlepp, Jr, Con | 36-5 |
| 5 | Sam Preston, Fr, StJ | 33-5 1/4 |
| Round 1, Flight 2 | | |
| 2 | Jon Ault, Sr, Con | 54-6 3/4 |
| NCAA Qualifier | | |
| 4 | Erik Sorenson, Jr, StJ | 47-11 3/4 |
| 5 | Dan Miller, So, StT | 44-2 1/2 |
| 6 | Jess Quam, So, StT | 43-9 |
| 7 | Neil Christensen, Sr, Ham | 41-6 |
| 8 | Doug Barland, Jr, StT | 39-10 3/4 |
| Round 1, Flight 3 | | |
| 5 | Eric Klein, Jr, Carl | 45-10 3/4 |
| 8 | Joel Langel, Fr, StT | 41-10 3/4 |
| 10 | Sean Anderson, So, Carl | 41-3 1/4 |
| 11 | Dan Jost, Fr, StJ | 41-1 1/2 |
| 16 | Allen D Schulte, So, StO | 33-3 |
| 17 | Mike Lovestrand, Jr, Beth | 32-4 3/4 |
| Final | | |
| 1 | Jon Ault, Sr, Con | 58-2 |
| NCAA Qualifier | | |
| 2 | Patrick Ahern, Jr, StT | 56-7 1/2 |
| NCAA Qualifier | | |
| 3 | Jon Huseth, Sr, Gus | 50-8 3/4 |
| 4 | Erik Sorenson, Jr, StJ | 47-11 3/4 |
| 5 | Eric Klein, Jr, Carl | 45-10 3/4 |
| 6 | Dan Miller, So, StT | 44-2 1/2 |
| 7 | Jess Quam, So, StT | 43-9 |
| 8 | Joel Langel, Fr, StT | 41-10 3/4 |
| Pentathlon | | |
| 1 | Michael S Mercer, Sr, StO | 3681 |
| MIAC Record | | |
| 2 | Steve Dolan, Sr, StT | 3474 |
| 3 | Rich Jorgenson, Sr, Con | 3362 |
| 4 | Kenneth J Hoffmann, Fr, StO | 3328 |
| 5 | Emry McAlear, So, Con | 3296 |
| 6 | Dan Sobiech, StT | 3273 |
| 7 | Jim Hennig, Sr, StJ | 3182 |
| 8 | Greg Thomsen, Carl | 3042 |
| 9 | Mark Wallace, So, StT | 2962 |
| 10 | Ryan Beachy, Fr, Con | 2958 |
| 11 | Neil Sherman, Sr, StJ | 2858 |
| TEAM SCORES | | |
| 1 | St. Thomas | 229.5 |
| 2 | Concordia | 119.0 |
| 3 | St. Olaf | 97.0 |
| 4 | Carleton | 94.0 |
| 5 | Hamline | 81.0 |
| 6 | Gustavus Adolphus | 58.0 |
| 7 | Bethel | 42.0 |
| 8 | St. John's | 41.5 |
| 9 | Macalester | 16.0 |
| 10 | Augsburg | 1.0 |

WOMEN

55 Meter Dash

Round 1, Heat 1

| | | |
|---|---------------------------|------|
| 1 | Tara Wetzel, Sr, StT | 7.49 |
| 2 | Anita Paulino, Fr, StT | 7.76 |
| 3 | Amanda Shobe, Fr, Ham | 7.90 |
| 4 | Heather Kitzmann, So, StO | 7.98 |
| 5 | Martha Villalba, Jr, Carl | 8.05 |
| 6 | Cami Longstreet, Jr, StB | 8.17 |
| 7 | Mai Loan Graham, Fr, Gus | 8.26 |
| 8 | Sue Boeder, Fr, Gus | 8.34 |

Round 1, Heat 2

| | | |
|---|----------------------------|------|
| 1 | Miriam Stuart, Fr, StB | 7.63 |
| 2 | Sara Gorder, Jr, StT | 7.65 |
| 3 | Catie Stillman, Fr, Carl | 7.79 |
| 4 | Catherine Rehkamp, Sr, StB | 8.05 |
| 5 | Deb Thomas, Jr, Gus | 8.11 |
| 6 | Martha E Overby, So, StO | 8.16 |
| 7 | Kelli J O'Neill, Sr, StO | 8.45 |

Round 1, Heat 3

| | | |
|---|---------------------------|------|
| 1 | Aminah Ricks, So, Carl | 7.45 |
| 2 | Wendy Toenies, Sr, Con | 7.60 |
| 3 | Holly Larsen, Fr, Beth | 7.79 |
| 4 | Jennifer Simonds, Sr, Mac | 7.86 |
| 5 | Kaylene Peterson, Jr, Ham | 7.92 |
| 6 | Jill Holbrook, Fr, StB | 8.10 |
| 7 | Lesley Anderson, Jr, Carl | 8.17 |

Round 1, Heat 4

| | | |
|---|-----------------------------|------|
| 1 | Jackie Moe, Jr, Beth | 7.40 |
| 2 | Heather Hammond, Sr, Ham | 7.59 |
| 3 | Nicole L Miley, Fr, StO | 7.81 |
| 4 | Pam Freeman, So, StT | 8.01 |
| 5 | Laurie Littlehales, Sr, Mac | 8.10 |
| 6 | Angela Carlson, Fr, Gus | 8.11 |
| 7 | Mary Thomas, Fr, StB | 8.20 |
| 8 | Alison Deviny, Sr, Ham | 8.23 |

Final

| | | |
|----------------|-----------------------------|-------|
| 1 | Jackie Moe, Jr, Beth | 7.31 |
| NCAA Qualifier | | |
| 2 | Aminah Ricks, So, Carl | 7.33 |
| NCAA Qualifier | | |
| 3 | Tara Wetzel, Sr, StT | 7.36 |
| NCAA Qualifier | | |
| 4 | Wendy Toenies, Sr, Con | 7.60 |
| 5 | Heather Hammond, Sr, Ham | 7.64 |
| 6 | Anita Paulino, Fr, StT | 7.65 |
| 7 | Sara Gorder, Jr, StT | 7.71 |
| 8 | Miriam Stuart, Fr, StB | 7.72 |
| 300 Meter Dash | | |
| 1 | Aminah Ricks, So, Carl | 41.47 |
| 2 | Jackie Moe, Jr, Beth | 42.10 |
| 3 | Anita Paulino, Fr, StT | 42.37 |
| 4 | Gretchen Terhaar, Sr, StB | 42.51 |
| 5 | Chrishelle Bakken, Sr, Beth | 42.87 |
| 6 | Sara Gorder, Jr, StT | 43.26 |

| | | | | | |
|----------------|-----------------------------|---------|----------------|-------------------------------|---------|
| 7 | Karen Goodrich, Sr, Mac | 43.50 | 3 | Jill Palokangas, Sr, Ham | 2:22.32 |
| 8 | Julie A Rademacher, Sr, StO | 43.84 | 4 | Lisa Worden, So, StB | 2:23.05 |
| 9 | Tara Wetzel, Sr, StT | 44.03 | 5 | Nicole Hines, Fr, StT | 2:23.60 |
| 10 | Wendy Toenies, Sr, Con | 44.27 | 6 | Karen Kreul, Fr, Mac | 2:23.98 |
| 11 | Andrea Thomas, Jr, StB | 44.39 | 7 | Margaret King, So, StO | 2:25.32 |
| 12 | Amanda Shobe, Fr, Ham | 44.74 | 8 | Tarah L Mattson, So, StO | 2:26.83 |
| 13 | Maggie O'Connor, Fr, StT | 45.10 | 9 | Jennifer S Hartz, Fr, StO | 2:27.22 |
| 14 | Jennifer Simonds, Sr, Mac | 45.18 | 10 | Eithne Barton, Jr, Carl | 2:27.66 |
| 15 | Martha Villalba, Jr, Carl | 45.39 | 11 | Andi Mathieu, Fr, Aug | 2:28.65 |
| 16 | Michelle Bueckers, Fr, StB | 45.59 | 12 | Lisa Eveland, So, Beth | 2:29.52 |
| 17 | Julie E Andrews, Jr, StO | 46.28 | 13 | Rebecca McCarrier, So, Mac | 2:30.12 |
| 18 | Lesley Anderson, Jr, Carl | 46.35 | 14 | Julie Igel, Jr, StT | 2:30.49 |
| 19 | Julie Fitzke, Fr, Gus | 46.49 | 15 | Jennifer S Schultz, So, StO | 2:34.76 |
| 20 | Jodi Woyke, Fr, Aug | 47.36 | 16 | Erica Kragerud, Sr, Ham | 2:34.81 |
| 21 | Robin Eddy, Jr, Gus | 47.71 | 17 | Keja Valens, Fr, Carl | 2:36.68 |
| 22 | Erin K Miller, Fr, StO | 48.66 | 18 | Beth Bartkowski, Fr, Carl | 2:37.47 |
| 23 | Kelli J O'Neill, Sr, StO | 49.15 | 19 | Leah Johnson, Fr, Aug | 2:38.20 |
| | | | 20 | Kirsten Maue, Fr, Gus | 2:45.48 |
| | | | 21 | Angela J Silvagni, Fr, StO | 2:55.26 |
| 400 Meter Dash | | | | | |
| 1 | Anita Paulino, Fr, StT | 59.40 | 1000 Meter Run | | |
| 2 | Gretchen Terhaar, Sr, StB | 59.59 | 1 | Barbara Cox, StO | 3:05.97 |
| 3 | Sara Gorder, Jr, StT | 1:00.46 | 2 | Andrea L Ekerholm, Fr, StO | 3:08.19 |
| 4 | Jill Palokangas, Sr, Ham | 1:00.66 | 3 | Julie Haas, Jr, Con | 3:08.61 |
| 5 | Chrishelle Bakken, Sr, Beth | 1:00.68 | 4 | Rena J Brown, Fr, StO | 3:08.70 |
| 6 | Julie A Rademacher, Sr, StO | 1:01.65 | 5 | Tami Perry, Sr, StT | 3:09.42 |
| 7 | Stephanie Schmitt, So, StT | 1:02.71 | 6 | Laura Sloan, Fr, Beth | 3:10.30 |
| 8 | Jennifer Simonds, Sr, Mac | 1:02.73 | 7 | Michelle Mencke, So, StB | 3:11.51 |
| 9 | Andrea Thomas, Jr, StB | 1:03.01 | 8 | Sarah Roth, So, Carl | 3:12.09 |
| 10 | Sara Will, Fr, Beth | 1:03.12 | 9 | Ruth Schneider, Sr, StT | 3:12.78 |
| 10 | Megan L Wilson, So, StO | 1:03.12 | 10 | Josie Raney, So, Carl | 3:16.17 |
| 12 | Emily Beardsley, Fr, Carl | 1:03.19 | 11 | Meg Hoyt, Fr, Carl | 3:16.48 |
| 13 | Taria Heinen, So, Con | 1:03.39 | 12 | Amy Thornquist, Fr, StT | 3:17.90 |
| 14 | Tracy Berntsen, Fr, Con | 1:04.00 | 13 | Ellen Nodland, Sr, Ham | 3:19.87 |
| 15 | Karna L Anderson, Fr, StO | 1:04.29 | 14 | Susan Colvin, Mac | 3:25.20 |
| 16 | Maggie O'Connor, Fr, StT | 1:04.34 | 15 | Lisa Gephart, So, Ham | 3:46.0 |
| 17 | Ingrid Olsen, Jr, Gus | 1:04.45 | 1500 Meter Run | | |
| 18 | Heather N Nydahl, Sr, StO | 1:06.49 | 1 | Moira A Petit, Sr, StO | 4:44.31 |
| 600 Yard Dash | | | | | |
| 1 | Karen Goodrich, Sr, Mac | 1:29.46 | 2 | Katy Deignan, Jr, StB | 4:46.02 |
| 2 | Patty Severson, Sr, Ham | 1:30.35 | 3 | Karen Kreul, Fr, Mac | 4:50.35 |
| 3 | Lisa Worden, So, StB | 1:30.84 | 4 | Julie Haas, Jr, Con | 4:55.43 |
| 4 | Eithne Barton, Jr, Carl | 1:31.84 | 5 | Kristen Cotts, Sr, Carl | 4:58.89 |
| 5 | Barbara Cox, StO | 1:32.07 | 6 | Sarah Roth, So, Carl | 5:00.53 |
| 6 | Nicole Hines, Fr, StT | 1:32.10 | 7 | Tara Schneider, Fr, StT | 5:02.96 |
| 7 | Katie Colvin, Fr, StT | 1:32.99 | 8 | Rena J Brown, Fr, StO | 5:04.09 |
| 8 | Heidi Teske, Jr, StT | 1:33.40 | 8 | Andrea L Ekerholm, Fr, StO | 5:04.09 |
| 9 | Rena J Brown, Fr, StO | 1:33.89 | 10 | Michelle Mencke, So, StB | 5:09.16 |
| 10 | Tarah L Mattson, So, StO | 1:35.49 | 11 | Rebecca McCarrier, So, Mac | 5:11.17 |
| 11 | Jennifer S Schultz, So, StO | 1:37.04 | 12 | Ellen Kussow, So, Gus | 5:13.66 |
| 12 | Ann Stoffel, Fr, StB | 1:37.55 | 13 | Jodi Divinski, Fr, Aug | 5:14.72 |
| 13 | Jennifer S Hartz, Fr, StO | 1:37.71 | 14 | Shannon Knuth, Sr, StT | 5:14.88 |
| 14 | Wendy L Rose, Fr, StO | 1:37.80 | 15 | Andi Mathieu, Fr, Aug | 5:15.85 |
| 15 | Jennifer E Smith, So, StO | 1:45.64 | 16 | Ellen Nodland, Sr, Ham | 5:16.02 |
| 800 Meter Run | | | | | |
| 1 | Moira A Petit, Sr, StO | 2:18.49 | 17 | Susan Colvin, Mac | 5:19.37 |
| 2 | Katy Deignan, Jr, StB | 2:18.51 | 18 | Jennifer A Breitholz, Jr, StO | 5:19.67 |
| | | | 19 | Stacie J Collins, So, StO | 5:21.40 |
| | | | 20 | Alyson A Krafve, Sr, StO | 5:24.47 |

| | | | | | |
|------------------|-------------------------------|----------|---------------------|---|---------|
| 21 | Laura Sloan, Fr, Beth | 5:28.28 | 4 | Patty Severson, Sr, Ham | 9.39 |
| 22 | Erica Kragerud, Sr, Ham | 5:32.18 | 5 | Julie E Andrews, Jr, StO | 9.67 |
| 23 | Lisa Scott, Fr, Carl | 5:34.79 | 6 | Lisa Smith, Fr, Beth | 10.00 |
| 24 | Kari Bisbee, Fr, Gus | 5:35.33 | 7 | Catie Stillman, Fr, Carl | 10.49 |
| 25 | Emily Johnson, So, Carl | 5:40.80 | 8 | Jennifer E Smith, So, StO | 11.1 |
| 26 | Andrea Mowery, Jr, Ham | 6:00.47 | Round 1, Heat 2 | | |
| 3000 Meter Run | | | 1 | Jodi Curella, Sr, StT | 8.71 |
| 1 | Moira A Petit, Sr, StO | 10:26.53 | 2 | Karen Goodrich, Sr, Mac | 8.84 |
| 2 | Kari Pederson, Jr, StT | 10:28.46 | 3 | Lydia Kabaka, So, Con | 9.23 |
| 3 | Kelly Copps, Fr, StT | 10:36.83 | 4 | Tracy Sterk, So, StB | 9.59 |
| 4 | Tara Schneider, Fr, StT | 10:48.04 | 5 | Julie Ames, So, StB | 9.84 |
| 5 | Samie Reck-Peterson, Jr, Carl | 10:52.96 | 6 | Joelle Bichelmeyer, Jr, StB | 10.22 |
| 6 | Kristen Cotts, Sr, Carl | 10:57.75 | 7 | Lisa McCall, Jr, Ham | 11.0 |
| 7 | Aimee Schaefer, So, StB | 11:00.9 | 8 | Martha Villalba, Jr, Carl | 11.0 |
| 8 | Patty Shannon, Jr, StB | 11:05.6 | Round 1, Heat 3 | | |
| 9 | Allison Smith, Sr, Carl | 11:06.2 | 1 | Heidi Teske, Jr, StT | 8.88 |
| 10 | Allison Warner, So, Mac | 11:12.44 | 2 | Jodi Woyke, Fr, Aug | 9.65 |
| 11 | Sarah Nelson, Fr, StT | 11:13.88 | 3 | Molly M Staeheli, Fr, StO | 9.88 |
| 12 | Sarah Meyer, Fr, Con | 11:16.42 | 4 | Leigh Solberg, Sr, StB | 10.05 |
| 13 | Aleta Gilbertson, So, Gus | 11:16.7 | 5 | Jennifer S Hartz, Fr, StO | 10.06 |
| 13 | Tina Shirek, Jr, StB | 11:16.70 | 6 | Lesley Anderson, Jr, Carl | 10.2 |
| 15 | Shannon Knuth, Sr, StT | 11:22.38 | 7 | Erin K Miller, Fr, StO | 11.2 |
| 16 | Jennifer Tonkin, Jr, Mac | 11:23.8 | Final | | |
| 17 | Stacie J Collins, So, StO | 11:26.65 | 1 | Jodi Curella, Sr, StT | 8.65 |
| 18 | Sarah Berg, Fr, Con | 11:28.0 | 2 | Karen Goodrich, Sr, Mac | 8.70 |
| 19 | Kelly Walker, So, Carl | 11:29.4 | 3 | Julie A Rademacher, Sr, StO | 8.98 |
| 20 | Alyson A Krafve, Sr, StO | 11:29.97 | 4 | Heidi Teske, Jr, StT | 9.01 |
| 21 | Jennifer A Breitholz, Jr, StO | 11:30.0 | 5 | Julie Stepan, Sr, Aug | 9.03 |
| 22 | Heather A Louis, Sr, StO | 11:30.90 | 6 | Tracy Berntsen, Fr, Con | 9.14 |
| 23 | Missee Rentz, So, StB | 11:34.1 | 7 | Lydia Kabaka, So, Con | 9.18 |
| 24 | Gail Peters, Jr, StB | 11:49.90 | 8 | Patty Severson, Sr, Ham | 9.24 |
| 25 | Emily Johnson, So, Carl | 12:17.60 | Sprint Medley Relay | | |
| 26 | Beka Langen, Jr, Carl | 12:34.0 | 1 | StT (Tara Wetzels, Jodi Curella, Katie Colvin, Stephanie Schmitt) | 1:54.95 |
| 27 | Lisa Scott, Fr, Carl | 12:44.90 | 2 | Con (Kathy Damhof, Heidi Nelson, Wendy Toenies, Taria Heinen) | 1:55.41 |
| 28 | Andrea Mowery, Jr, Ham | 12:52.5 | 3 | Ham (Alison Deviny, Kaylene Peterson, Heather Hammond, Patty Severson) | 1:55.45 |
| 5000 Meter Run | | | 4 | Carl (Catie Stillman, Martha Villalba, Aminah Ricks, Emily Beardsley) | 1:56.79 |
| 1 | Kari Pederson, Jr, StT | 18:17.8 | 5 | StO (Martha E Overby, Heather Kitzmann, Nicole L Miley, Karna L Anderson) | 1:58.70 |
| MIAC Record | | | 6 | StB (Miriam Stuart, Catherine Rehkamp, Mary Thomas, Ann Stoffel) | 2:00.01 |
| 2 | Kelly Copps, Fr, StT | 18:36.3 | 7 | Gus (Deb Thomas, Mai Loan Graham, Cori Johnson, Ingrid Olsen) | 2:02.45 |
| 3 | Samie Reck-Peterson, Jr, Carl | 18:53.5 | 4x400 Meter Relay | | |
| 4 | Aimee Schaefer, So, StB | 19:09.4 | 1 | StT (Sara Gorder, Heidi Teske, Katie Colvin, Anita Paulino) | 4:03.37 |
| 5 | Allison Smith, Sr, Carl | 19:16.6 | 2 | Beth (Holly Larsen, Jackie Moe, Sara Will, Chrishelle Bakken) | 4:03.96 |
| 6 | Sarah Nelson, Fr, StT | NT | 3 | StB (Andrea Thomas, Katy Deignan, Lisa Worden, Gretchen Terhaar) | 4:07.42 |
| 7 | Margo M Rusovick, Jr, StO | 19:24.4 | | | |
| 8 | Patty Shannon, Jr, StB | 19:25.2 | | | |
| 9 | Michelle Stauffacher, So, StB | 19:28.0 | | | |
| 10 | Amy Colombo, So, StB | 19:38.4 | | | |
| 11 | Sarah Meyer, Fr, Con | NT | | | |
| 12 | Sarah Berg, Fr, Con | 19:59.4 | | | |
| 13 | Ruth Schneider, Sr, StT | NT | | | |
| 14 | Chelle Dzik, Sr, StT | NT | | | |
| 55m High Hurdles | | | | | |
| Round 1, Heat 1 | | | | | |
| 1 | Julie Stepan, Sr, Aug | 9.06 | | | |
| 2 | Julie A Rademacher, Sr, StO | 9.09 | | | |
| 3 | Tracy Berntsen, Fr, Con | 9.24 | | | |

| | | |
|-------------------|--|-----------|
| 4 | Ham (Heather Hammond, Jill Palokangas, Amanda Shobe, Patty Severson) | 4:08.36 |
| 5 | Carl (Catie Stillman, Eithne Barton, Emily Beardsley, Aminah Ricks) | 4:14.78 |
| 6 | StO (Nicole L Miley, Megan L Wilson, Jennifer S Hartz, Tarah L Mattson) | 4:17.61 |
| 7 | Gus (Ingrid Olsen, Julie Fitzke, Robin Eddy, Ellen Kussow) | 4:25.06 |
| 4x800 Meter Relay | | |
| 1 | StO (Barbara Cox, Margaret King, Andrea L Ekerholm, Renae J Brown) | 9:55.16 |
| 2 | StT (Nicole Hines, Tami Perry, Stephanie Schmitt, Ruth Schneider) | 10:01.75 |
| 3 | Mac (Karen Kreul, Rebecca McCarrier, Susan Colvin, Karen Goodrich) | 10:04.05 |
| 4 | StB (Jeannie Stangler, Michelle Stauffacher, Amy Colombo, Michelle Mencke) | 10:07.76 |
| 5 | Carl (Sarah Roth, Josie Raney, Meg Hoyt, Kristen Cotts) | 10:11.77 |
| 6 | Ham (Ellen Nodland, Kaylene Peterson, Erica Kragerud, Lisa Gephart) | 10:52.08 |
| 7 | Beth (Lisa Eveland, Laura Sloan, Anamarie Monkemier, Jill Hartnett) | 11:02.19 |
| Long Jump | | |
| Round 1, Flight 1 | | |
| 1 | Julie A Rademacher, Sr, StO | 16-10 1/2 |
| 2 | Heidi Teske, Jr, StT | 15-3 1/2 |
| 3 | Kathy Damhof, Jr, Con | 15-3 1/2 |
| 4 | Heidi Nelson, So, Con | 15-2 |
| 5 | Jodi Curella, Sr, StT | 15-1 1/2 |
| 6 | Andrea Thomas, Jr, StB | 13-7 3/4 |
| Round 1, Flight 2 | | |
| 2 | Lydia Kabaka, So, Con | 16-0 1/2 |
| 3 | Heather Hammond, Sr, Ham | 15-7 3/4 |
| 4 | Holly Larsen, Fr, Beth | 15-7 |
| 5 | Jill Holbrook, Fr, StB | 15-4 |
| 10 | Nicole L Miley, Fr, StO | 14-7 1/4 |
| 11 | Cami Longstreet, Jr, StB | 14-3 3/4 |
| Round 1, Flight 3 | | |
| 3 | Kaylene Peterson, Jr, Ham | 15-8 3/4 |
| 6 | Jean Schafer, Jr, Con | 15-5 1/2 |
| 7 | Alison Deviny, Sr, Ham | 15-4 3/4 |
| 9 | Julie Stepan, Sr, Aug | 15-4 |
| 15 | Julie Igel, Jr, StT | 14-7 |
| Final | | |
| 1 | Julie A Rademacher, Sr, StO | 17-2 3/4 |
| 2 | Lydia Kabaka, So, Con | 16-7 |
| 3 | Heather Hammond, Sr, Ham | 16-4 1/4 |
| 4 | Jean Schafer, Jr, Con | 15-11 |
| 5 | Kaylene Peterson, Jr, Ham | 15-9 |
| 6 | Alison Deviny, Sr, Ham | 15-8 3/4 |
| 7 | Holly Larsen, Fr, Beth | 15-7 |
| 8 | Julie Stepan, Sr, Aug | 15-5 1/2 |
| 9 | Jill Holbrook, Fr, StB | 15-4 |

| | | |
|-------------------|------------------------------|-----------|
| Triple Jump | | |
| Round 1, Flight 1 | | |
| 2 | Alison Deviny, Sr, Ham | 33-3 3/4 |
| 3 | Jean Schafer, Jr, Con | 33-3 1/4 |
| 5 | Jodi Curella, Sr, StT | 32-9 1/2 |
| 8 | Eithne Barton, Jr, Carl | 31-0 |
| 11 | Missy Herbst, So, StB | 30-7 1/2 |
| 12 | Molly M Staeheli, Fr, StO | 30-4 3/4 |
| 15 | Jill Holbrook, Fr, StB | 30-0 1/4 |
| 16 | Pam Freeman, So, StT | 27-8 |
| Round 1, Flight 2 | | |
| 1 | Julie A Rademacher, Sr, StO | 33-9 1/4 |
| 4 | Lydia Kabaka, So, Con | 33-2 1/2 |
| 5 | Kathy Damhof, Jr, Con | 32-9 1/2 |
| 7 | Angela Borland, Jr, Gus | 31-1 3/4 |
| 9 | Laurie Littlehales, Sr, Mac | 30-11 |
| 10 | Colleen Landwehr, Fr, StT | 30-10 1/2 |
| 13 | Cami Longstreet, Jr, StB | 30-4 1/4 |
| 14 | Julie Igel, Jr, StT | 30-1 |
| Final | | |
| 1 | Alison Deviny, Sr, Ham | 35-0 1/4 |
| 2 | Lydia Kabaka, So, Con | 34-8 1/4 |
| 3 | Julie A Rademacher, Sr, StO | 34-5 3/4 |
| 4 | Jean Schafer, Jr, Con | 34-0 1/4 |
| 5 | Kathy Damhof, Jr, Con | 33-10 |
| 6 | Jodi Curella, Sr, StT | 32-9 3/4 |
| 7 | Eithne Barton, Jr, Carl | 32-3 1/2 |
| 8 | Angela Borland, Jr, Gus | 31-6 |
| Shot Put | | |
| Round 1, Flight 1 | | |
| 3 | Lisa O'Groske, Sr, Gus | 40-0 |
| 4 | Doreen N Dumonceaux, Jr, StO | 38-6 1/4 |
| 6 | Julia E Kline, Sr, StO | 38-3 1/4 |
| 10 | Emily Robb, Fr, Carl | 35-10 1/2 |
| 13 | Becky Bliley, Fr, StB | 33-11 1/2 |
| 15 | Julie Stepan, Sr, Aug | 33-4 |
| Round 1, Flight 2 | | |
| 1 | Kris Kuehl, Sr, Con | 45-2 1/4 |
| NCAA Qualifier | | |
| 2 | Eryn Anderson, So, Con | 38-4 1/4 |
| 3 | Sarah Cremer, Sr, StB | 37-8 1/2 |
| 4 | Missy Schlagel, Sr, Gus | 36-5 |
| 5 | Joan Bowes, Jr, Gus | 35-5 3/4 |
| 6 | Cindy Zamlynski, Jr, StT | 33-7 1/2 |
| Round 1, Flight 3 | | |
| 2 | Kristi Farver, Sr, Con | 44-1 1/2 |
| NCAA Qualifier | | |
| 5 | Heidi Schaap, Jr, Beth | 37-0 1/2 |
| 8 | Heather Herron, Jr, StB | 34-1 1/2 |
| 10 | Jeanette Stai, So, StT | 31-7 1/4 |
| 11 | Jessi Kingston, So, Mac | 30-10 1/4 |
| 12 | Pamm Hanson, Fr, Aug | 25-0 3/4 |
| Final | | |
| 1 | Kris Kuehl, Sr, Con | 46-5 1/4 |
| MIAC Record | | |
| NCAA Qualifier | | |

| | | |
|---|------------------------------|----------------|
| 2 | Kristi Farver, Sr, Con | 44-1 1/2 |
| | | NCAA Qualifier |
| 3 | Doreen N Dumonceaux, Jr, StO | 40-10 1/2 |
| 4 | Lisa O'Groske, Sr, Gus | 40-0 |
| 5 | Julia E Kline, Sr, StO | 38-7 3/4 |
| 6 | Eryn Anderson, So, Con | 38-7 1/2 |
| 7 | Sarah Cremer, Sr, StB | 37-8 1/2 |
| 8 | Heidi Schaap, Jr, Beth | 35-10 1/2 |

High Jump

| | | |
|----|-----------------------------|---------|
| 1 | Kellie Johnson, So, Gus | 5-4 1/4 |
| 2 | Cathy Buechele, So, Aug | 5-2 1/4 |
| 3 | Colleen Landwehr, Fr, StT | 5-2 1/4 |
| 3 | Karen Felger, Fr, Gus | 5-2 1/4 |
| 5 | Amy Tartaglia, Fr, Gus | 5-2 1/4 |
| 6 | Julie A Rademacher, Sr, StO | 5-0 1/4 |
| 7 | Heather Hammond, Sr, Ham | 4-8 1/4 |
| 8 | Heidi Teske, Jr, StT | 4-6 1/4 |
| 9 | Leigh Solberg, Sr, StB | 4-6 1/4 |
| 10 | Meg Hoyt, Fr, Carl | 4-6 1/4 |
| | Katrin L Maehle, So, StO | NH |

Pentathlon

| | | |
|---|-----------------------------|------|
| 1 | Julie A Rademacher, Sr, StO | 3234 |
| 2 | Julie Stepan, Sr, Aug | 2943 |
| 3 | Heidi Teske, Jr, StT | 2629 |
| 4 | Julie Igel, Jr, StT | 2396 |
| 5 | Joelle Bichelmeyer, Jr, StB | 1897 |
| 6 | Molly M Staeheli, Fr, StO | 1871 |
| 7 | Lisa McCall, Jr, Ham | 1464 |

TEAM SCORES

| | | |
|----|----------------|-------|
| 1 | St. Thomas | 157.5 |
| 2 | St. Olaf | 132.0 |
| 3 | Concordia | 80.0 |
| 4 | St. Benedict's | 72.0 |
| 5 | Hamline | 65.0 |
| 6 | Carleton | 63.0 |
| 7 | Bethel | 42.0 |
| 8 | Macalester | 36.0 |
| 9 | Gustavus | 29.5 |
| 10 | Augsburg | 21.0 |