

# MIAC CHAMPIONSHIPS

## May 12 & 13, St. Olaf College, Northfield

Men			9	Glenn Stewart, BET	11.29		
				200 Meter Dash			
				Round 1, Heat 1			
100 Meter Dash			1	Glenn Stewart, BET	22.41Q		
Round 1, Heat 1			2	Richmond Sarpong, MAC	22.55Q		
1	Richmond Sarpong, MAC	10.96Q	3	Chad Jackson, AUG	22.93		
2	Darrick Cornelius, STT	10.97Q	4	Ryan Callahan, STT	23.33		
3	Bryan Bass, STO	11.31	5	Scott Colbert, GUS	23.37		
4	Dan Besemann, STJ	11.41	6	Darin Dutcher, HAM	23.54		
5	Brian Malyon, BET	11.41	7	Jerry Krolak, STT	23.99		
6	Jerry Krolak, STT	11.78	8	Sean Lewis, GUS	24.52		
7	Moses Koch, STO	11.87	9	Scott Lundhagen, STO	24.54		
8	John Yankey, MAC	11.89		Round 1, Heat 2			
Round 1, Heat 2			1	Rob Glover, STO	21.43Q		
1	Jevone Williams, STJ	10.94Q			Meet record		
2	Chad Jackson, AUG	11.25			NCAA Automatic Qualifier		
3	Travis Zorn, STO	11.32	2	Jevone Williams, STJ	22.12Q		
4	Jeremy Adam, CAR	11.51	3	Zach Jones, CAR	22.89		
5	Ryan Callahan, STT	11.56	4	Christian Johnson, BET	23.01		
6	Scott Colbert, GUS	11.64	5	Gavin Bady, STO	23.20		
7	Joey Orrey, HAM	11.82	6	Andrew Anthony, AUG	23.75		
8	Charly Jacobson, CON	12.15	7	Andy Linn, BET	24.92		
9	Keith Allen, AUG	12.47		Round 1, Heat 3			
Round 1, Heat 3			1	Darrick Cornelius, STT	22.06Q		
1	Shannon Rainey, STT	11.08Q	2	John Wahlstrom, BET	22.67		
2	Christian Johnson, BET	11.12Q	3	Paul LeTendre, STJ	23.02		
3	Shanti Rainey, STT	11.22Q	4	Josh Arneson, HAM	23.21		
4	Trell Jackson, GUS	11.33	5	Ryan Moore, STO	23.52		
5	Corey Houger, BET	11.61	6	Chris Carda, STJ	23.85		
6	Chris Mrema, MAC	11.73	7	Shanti Rainey, STT	23.94		
7	Mike Heise, MAC	11.99	8	Chris Mrema, MAC	23.99		
8	Peter Littlewood, CAR	12.05	9	Mike Heise, MAC	24.31		
9	Jeff Sieben, STJ	12.48		Round 1, Heat 4			
Round 1, Heat 4			1	Chris Link, MAC	21.83Q		
1	Rob Glover, STO	10.73Q			NCAA Provisional Qualifier		
			2	Shannon Rainey, STT	22.43Q		
2	Glenn Stewart, BET	11.16Q	3	Kyle Skiermont, GUS	22.62Q		
3	Kyle Skiermont, GUS	11.19Q	4	Steve Leonard, BET	22.62Q		
4	Jason Bezdichek, STJ	11.54	5	Travis Zorn, STO	23.09		
5	Eric Johnson, HAM	11.60	6	Brad Anderson, STJ	23.50		
6	Andrew Anthony, AUG	11.71	7	Larry Semann, GUS	23.58		
7	Shawn McGee, CON	11.90	8	Moses Koch, STO	23.87		
8	Ted Shannon, CAR	12.12	9	John Yankey, MAC	24.36		
9	Scott Lundhagen, STO	12.34		Final			
Final			1	Rob Glover, STO	21.58		
1	Rob Glover, STO	10.68			Meet record		
					NCAA Automatic Qualifier		
2	Richmond Sarpong, MAC	10.81	2	Chris Link, MAC	21.93		
			3	Darrick Cornelius, STT	22.02		
3	Darrick Cornelius, STT	10.95	4	Richmond Sarpong, MAC	22.16		
4	Shannon Rainey, STT	11.01	5	Glenn Stewart, BET	22.19		
5	Jevone Williams, STJ	11.08	6	Jevone Williams, STJ	22.54		
6	Christian Johnson, BET	11.10	7	Shannon Rainey, STT	22.56		
7	Kyle Skiermont, GUS	11.15	8	Kyle Skiermont, GUS	22.62		
8	Shanti Rainey, STT	11.26					

400 Meter Dash			2	Vaughan O'Brien, STJ	1:57.30Q
Round 1, Heat 1			3	Mike Clauson, HAM	1:57.56
1	Chris Link, MAC	47.96Q	4	Bob Elsinger, MAC	1:58.52
	NCAA Automatic Qualifier		5	Josh Bookin, CAR	1:58.96
2	Zach Jones, CAR	49.68Q	6	John Paulsen, STJ	1:59.30
3	Peter Benson, CON	49.86Q	7	Joe Guenther, STM	2:01.41
4	Chris Bergren, STT	50.37	8	Ben Hadden, GUS	2:03.58
5	Chris Carda, STJ	50.71	Round 1, Heat 3		
6	Brad Anderson, STJ	52.74	1	Dan Virnig, CAR	1:55.67Q
7	David Gallagher, STO	53.95	2	Steve Doherty, HAM	1:56.15Q
8	Steve Carey, STJ	53.99	3	Mickey Meckna, STJ	1:57.09Q
9	Scott Lundhagen, STO	56.38	4	Brian Knutson, STJ	1:58.70
Round 1, Heat 2			5	Dan Louvar, STT	1:58.91
1	John Wahlstrom, BET	48.73Q	6	Ben Danielson, STO	2:00.67
	NCAA Provisional Qualifier		7	Dan Bucknam, STO	2:00.99
2	Ed West, MAC	49.95Q	8	Bryan Chang, CAR	2:02.26
3	Gavin Bady, STO	50.23Q	9	James Kilibarda, STT	2:02.56
4	Jon Cutler, CAR	51.61	Final		
5	Ryan Moore, STO	51.74	1	Roba Bati, AUG	1:52.41
6	Kevin Jackson, CON	52.78		NCAA Provisional Qualifier	
7	Torrey Quella, STT	53.59	2	Dan Virnig, CAR	1:54.21
8	Sean Lewis, GUS	55.02	3	Steve Doherty, HAM	1:55.44
9	James Beaumaster, STT	55.16	4	Vaughan O'Brien, STJ	1:55.50
Round 1, Heat 3			5	Aric Katterhagen, STJ	1:55.61
1	Mike Malmgren, HAM	48.27Q	6	Eric Bunce, STT	1:55.62
	NCAA Provisional Qualifier		7	Brian Grove, CON	1:56.35
2	Erik Lindquist, CON	50.09Q	8	Nick Andrea, STJ	1:56.76
3	Steve Leonard, BET	50.29Q	9	Mickey Meckna, STJ	1:58.90
4	Erik Brown, STJ	50.77	1500 Meter Run		
5	Paul Jones, STJ	50.84	Round 1, Heat 1		
6	Darin Dutcher, HAM	52.51	1	Dan Virnig, CAR	4:05.74Q
7	Jason Exley, AUG	53.65	2	Kevin Theissen, CAR	4:05.81Q
8	Moses Koch, STO	54.47	3	Jonathan Breitbarth, STJ	4:06.06Q
9	Anton Medved, STT	56.19	4	Alec Walker, GUS	4:08.07Q
Final			5	John Bentley, GUS	4:12.42Q
1	Chris Link, MAC	48.57	6	Kyle Nolan, STJ	4:14.56
	NCAA Provisional Qualifier		7	Neal Tousen, HAM	4:15.02
2	Mike Malmgren, HAM	48.59	8	Rob Stephens, BET	4:21.94
	NCAA Provisional Qualifier		9	Andy Gilbertson, STJ	4:22.63
3	John Wahlstrom, BET	49.52	10	Jason Cochran, STT	4:25.94
4	Zach Jones, CAR	49.57	11	Dan Dahl, STO	4:28.0
5	Ed West, MAC	50.48	12	John Heille, STM	4:37.0
6	Gavin Bady, STO	50.64	Round 1, Heat 2		
7	Peter Benson, CON	50.69	1	Rauha Rahkola, GUS	4:03.87Q
8	Erik Lindquist, CON	51.59	2	Brad Bauer, STJ	4:06.34Q
800 Meter Run			3	Bill Martin, CAR	4:07.90Q
Round 1, Heat 1			4	Dan Bucknam, STO	4:12.64
1	Roba Bati, AUG	1:54.13Q	5	Kevin Koch, STO	4:14.51
2	Eric Bunce, STT	1:54.99Q	6	Aaron Zeuli, STT	4:16.63
3	Aric Katterhagen, STJ	1:55.19Q	7	Dav Feiveson, CAR	4:16.98
4	Nick Andrea, STJ	1:56.07Q	8	Jason Bierbrauer, CAR	4:19.42
5	Bill Keating, CON	1:57.46	9	Willy Arend, STJ	4:22.86
6	Aaron Matzke, BET	1:58.49	10	Ben Anderson, BET	4:28.97
7	Mike Mason, GUS	2:00.20	11	Chris Borgmeier, STJ	4:29.94
8	Andy Smith, STT	2:01.32	12	Bryon Brondillilo, GUS	4:32.50
9	Matt Giffird, STJ	2:01.49	Round 1, Heat 3		
Round 1, Heat 2			1	Roba Bati, AUG	4:06.31Q
1	Brian Grove, CON	1:56.76Q	2	Colby Linneman, STT	4:06.44Q

3	Doug Cowles, GUS	4:06.75Q
4	Toby Selix, HAM	4:07.35Q
5	Travis Glanzer, BET	4:13.19
6	Jens Strand, CAR	4:14.70
7	Eric Wogen, STO	4:17.31
8	Jesse Murray, STM	4:22.08
9	Mike Kallenberg, BET	4:22.79
10	Tim Schwecke, STO	4:24.72
11	David Louis, STO	4:26.31
12	Josh Hoyle, CAR	4:29.08

Final

1	Roba Bati, AUG	3:58.27
2	Dan Virnig, CAR	3:59.50
3	Colby Linneman, STT	4:00.16
4	Rauha Rahkola, GUS	4:00.57
5	Brad Bauer, STJ	4:01.35
6	Kevin Theissen, CAR	4:02.46
7	Doug Cowles, GUS	4:05.20
8	Jonathan Breitbarth, STJ	4:05.84
9	Bill Martin, CAR	4:07.54
10	Toby Selix, HAM	4:10.04
11	Alec Walker, GUS	4:15.17
12	John Bentley, GUS	4:18.83

5000 Meter Run

1	Jeff Renlund, STT	14:58.42
2	Kevin Theissen, CAR	15:19.46
3	Jon Bougie, CAR	15:21.73
4	Brad Bauer, STJ	15:22.81
5	Rauha Rahkola, GUS	15:26.65
6	Justin Simon, MAC	15:35.09
7	Derek Phillips, STO	15:42.65
8	LeRoy Popowski, STJ	15:42.80
9	Joel Kram, STJ	15:55.51
10	Colby Linneman, STT	16:00.50
11	Dan Kusch, CAR	16:00.67
12	Tom Goeltl, HAM	16:08.52
13	Mark Paske, STT	16:11.64
14	Ben Tri, STT	16:21.20
15	Lindsay Drangeid, STO	16:28.23
16	Nels Pierson, GUS	16:29.10
17	Eli Levitt, CAR	16:30.85
18	Matt Sullivan, STO	16:31.23
19	Matt Flory, STO	16:32.62
20	Dan Simmons, STJ	16:32.70
21	Dan Dahl, STO	16:43.58
22	Alec Walker, GUS	16:44.65
23	Chris Hassing, HAM	16:47.30
24	Kevin Phillips, STO	16:48.08
25	Sedge Freeman, GUS	16:48.15
26	Toby Selix, HAM	16:48.58
27	Josh Hoyle, CAR	16:51.58
28	Willy Arend, STJ	17:05.25
	Jason Warren, AUG	DNF
	Roba Bati, AUG	DNF
	Ryan Steines, STJ	DNF

10000 Meter Run

1	Jeff Renlund, STT	31:02.37
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NCAA Provisional Qualifier

2	Dimitri Drekonja, GUS	31:42.94
3	Jon Bougie, CAR	31:48.91
4	Derek Phillips, STO	32:16.75
5	LeRoy Popowski, STJ	32:33.56
6	Jeb Myers, STJ	32:33.71
7	Dan Kusch, CAR	32:45.14
8	Doug Cowles, GUS	33:14.52
9	Dan Simmons, STJ	33:44.50
10	Mark Paske, STT	33:55.22
11	Ryan Steines, STJ	34:00.87
12	Matt Sullivan, STO	34:09.81
13	Nels Pierson, GUS	34:22.72
14	Sedge Freeman, GUS	34:38.18
15	Eli Levitt, CAR	34:46.04
16	Matt Cartier, GUS	35:22.05
17	Dan Dahl, STO	35:23.05
18	Matt Flory, STO	35:36.58
19	Per Nelson, STO	35:39.99

110 Meter Hurdles

Round 1, Heat 1

1	Erik Rosenkranz, STT	15.34Q
2	Mark Ohlmann, GUS	15.63Q
3	John Holland, STO	15.90Q
4	Jason Jacobs, GUS	16.06Q
5	Dan Vacura, HAM	16.08Q
6	Brent Zwiers, STO	16.11
7	Larry Semann, GUS	16.22

Round 1, Heat 2

1	Joel Drew, BET	15.22Q
1	Jevone Williams, STJ	15.22Q
3	Mike Sabers, STJ	15.85Q
4	Keith Moran, STT	16.05Q
5	Brian Walsh, STO	16.16
6	Dave Bogie, STT	16.17

Final

1	Erik Rosenkranz, STT	14.87
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NCAA Provisional Qualifier

2	Mark Ohlmann, GUS	14.97
3	Joel Drew, BET	15.11
4	Jevone Williams, STJ	15.42
5	John Holland, STO	15.59
6	Mike Sabers, STJ	15.64
7	Jason Jacobs, GUS	15.71
8	Keith Moran, STT	15.91
9	Dan Vacura, HAM	15.92

400 Meter Hurdles

Round 1, Heat 1

1	Jason Jacobs, GUS	55.13Q
2	Joel Drew, BET	55.97Q
3	Bryan Bass, STO	56.68Q
4	Mike Sabers, STJ	56.70Q
5	Brian Walsh, STO	59.56
6	Toby Hartlevig, GUS	63.24

Round 1, Heat 2

1	Mark Ohlmann, GUS	56.45Q
2	Paul Dosh, CAR	56.52Q

3	Brent Zwiers, STO	57.72
4	Atsu Tanaka, MAC	57.90
5	Ted Shannon, CAR	61.81
6	Arturo Martinez, MAC	62.18

Round 1, Heat 3

1	Jon Boyken, STT	55.00Q
2	John Holland, STO	55.62Q
3	Chris Dardis, STJ	57.42Q
4	Kevin Voss, STJ	58.93
	Peter Imle, CAR	DQ

Final

1	Mark Ohlmann, GUS	53.61	NCAA Provisional Qualifier
2	Jon Boyken, STT	54.58	
3	John Holland, STO	54.60	
4	Mike Sabers, STJ	55.31	
5	Jason Jacobs, GUS	55.58	
6	Joel Drew, BET	56.03	
7	Paul Dosh, CAR	56.11	
8	Chris Dardis, STJ	56.19	

4X100 Meter Relay

Round 1, Heat 1

1	St. Thomas (Shanti Rainey, Darrick Cornelius, Dan Krenznel, Shannon Rainey)	41.83Q	NCAA Automatic Qualifier
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2	Bethel (Joel Drew, Steve Leonard, Christian Johnson, Glenn Stewart)	42.46Q	NCAA Provisional Qualifier
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3	Carleton (Nate Chiappa, Zach Jones, Peter Imle, Jeremy Adam)	42.96Q	
4	Gustavus (Scott Colbert, Kyle Skiermont, Mark Ohlmann, Jason Jacobs)	43.00Q	
5	St. Mary's (Adam Meyer, Joe Guenther, Denny Green, Rich Hand)	47.40Q	

Round 1, Heat 2

1	St. Olaf (Travis Zorn, Bryan Bass, Gavin Bady, Rob Glover)	42.05Q	NCAA Automatic Qualifier
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2	Saint John's (Dan Besemann, Paul LeTendre, Paul Jones, Erik Brown)	43.32Q	
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3	Hamline (Dan Vacura, Darin Dutcher, Eric Johnson, Josh Arneson)	43.69Q	
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4	Concordia (Kevin Jackson, Peter Benson, Shawn McGee, Adam Lovehaug)	43.92Q	
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	Macalester (Justin Butler, Richmond Sarpong, Chris Link, Ed West)	DNF	
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Final

1	Bethel (Joel Drew, Steve Leonard, Christian Johnson, Glenn Stewart)	42.07	NCAA Automatic Qualifier
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2	St. Thomas (Shanti Rainey, Darrick Cornelius, Dan Krenznel, Shannon Rainey)	42.16	NCAA Provisional Qualifier
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3	St. Olaf (Travis Zorn, Bryan Bass, Gavin Bady, Rob Glover)	42.36	NCAA Provisional Qualifier
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4	Saint John's (Dan Besemann, Paul LeTendre, Paul Jones, Erik Brown)	42.76	
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5	Carleton (Nate Chiappa, Zach Jones, Peter Imle, Jeremy Adam)	43.09	
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6	Gustavus (Scott Colbert, Kyle Skiermont, Mark Ohlmann, Jason Jacobs)	43.14	
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7	Hamline (Dan Vacura, Darin Dutcher, Eric Johnson, Josh Arneson)	43.59	
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8	Concordia (Kevin Jackson, Peter Benson, Shawn McGee, Adam Lovehaug)	44.24	
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	4X400 Meter Relay		
1	St Olaf	3:17.31	NCAA Provisional Qualifier

2	Hamline	3:20.77	
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3	Gustavus	3:21.41	
4	Bethel	3:21.53	

5	Macalester (Ed West, Bob Elsinger, Chris Link, Kent Hedtke)	3:21.66	
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6	Carleton	3:22.30	
7	St Johns	3:22.55	

8	St. Thomas (Chris Bergren, Andy Smith, Shanti Rainey, Darrick Cornelius)	3:25.58	
	St Mary's 1600, STM	DNF	

3000M Steeplechase

1	Jeb Myers, STJ	9:31.43	
2	Dimitri Drekonja, GUS	9:36.33	

3	Joel Wegener, CAR	9:37.67	
4	Jon Koch, STJ	9:40.39	

5	Tom Goeltl, HAM	9:41.74	
6	Lindsay Drangeid, STO	9:45.41	

7	Tony Kinzley, STJ	9:48.93	
8	Jasper Simon, MAC	9:52.08	

9	Sean Campanella, MAC	9:57.49	
10	Kevin Phillips, STO	9:58.66	

11	Ben Tri, STT	9:59.52	
12	Nick Knuth, STT	10:02.96	

13	John Hastings, CAR	10:10.13	
14	Peter Nichol, CAR	10:14.89	

15	Sedge Freeman, GUS	10:27.90	
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Long Jump

Round 1, Flight 1

1	Nate Chiappa, CAR	22-2 1/4Q	
2	Dan Besemann, STJ	21-3 1/2Q	

3	Brian Malyon, BET	21-2 1/2Q	
4	Phil Wishart, CON	20-7 3/4Q	

5	Chad Carda, GUS	20-7 1/4Q	
6	Austin Sherwood, STJ	19-11 1/2	

7	Steve Wenzel, STT	19-10 3/4	
8	Nat Kongtahworm, MAC	18-3 3/4	

	James Lehnhoff, CON	ND	
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Round 1, Flight 2

1	Dan Krenznel, STT	22-6 1/2Q	
2	Erik Rosenkranz, STT	21-9Q	

3	Travis Zorn, STO	20-9Q	
4	Adam Johnson, STT	20-7 1/4Q	

5	Justin Butler, MAC	20-0 1/2	
6	Paul LeTendre, STJ	19-7 1/2	

7	Marty Barry, STJ	19-4 1/4	
8	Jesse Jerabek, CON	17-5 1/2	
9	Mike Morris, STO	17-0 1/2	

Final		
1	Dan Krenzel, STT	23-7 1/4
	NCAA Provisional Qualifier	
2	Nate Chiappa, CAR	22-6 1/4
3	Erik Rosenkranz, STT	22-1
4	Brian Malyon, BET	21-5 1/2
5	Dan Besemann, STJ	21-4 3/4
6	Travis Zorn, STO	21-0 1/2
7	Adam Johnson, STT	20-7 3/4
8	Phil Wishart, CON	20-7 3/4
9	Chad Carda, GUS	20-7 1/4

### Triple Jump

#### Round 1, Flight 1

1	Ryan Williams, CON	43-11 1/4Q
2	Ian Lawrow-Svedvik, HAM	43-10Q
3	Steve Wenzel, STT	43-7 1/4Q
4	Brian Malyon, BET	43-5 1/4Q
5	Mike Morris, STO	42-5 1/4Q
6	Phil Wishart, CON	40-8 3/4
7	Austin Sherwood, STJ	40-7 1/2

#### Round 1, Flight 2

1	Adam Johnson, STT	43-9 1/4Q
2	John Fenger, STJ	43-7 1/4Q
3	Dan Krenzel, STT	42-11 1/2Q
4	Kenneth Hoffmann, STO	42-6 3/4Q
5	Nate Chiappa, CAR	41-3 3/4
6	Jon Cutler, CAR	39-9 1/4
7	Jesse Jerabek, CON	39-9 1/4
8	Matt Doane, HAM	36-1 1/4

### Final

1	Adam Johnson, STT	45-9 3/4
2	Ryan Williams, CON	44-7
3	Ian Lawrow-Svedvik, HAM	43-10
4	Steve Wenzel, STT	43-9 1/4
5	Dan Krenzel, STT	43-7 3/4
6	John Fenger, STJ	43-7 1/4
7	Brian Malyon, BET	43-6
8	Kenneth Hoffmann, STO	43-5 1/4
9	Mike Morris, STO	42-6

### Shot Put

#### Round 1, Flight 1

1	Aaron Banks, CON	51-7 1/4Q
	NCAA Provisional Qualifier	
2	Josh Augst, CAR	45-2 1/4Q
3	Eric Jensen, CAR	44-11 3/4Q
4	Robert Rosenthal, MAC	41-5 3/4Q
5	Dean Nielson, CON	41-4 1/4
6	Nate Schutta, STJ	30-4 1/4

#### Round 1, Flight 2

1	Brett Gross, GUS	52-4 3/4Q
	NCAA Provisional Qualifier	
2	David Berg, GUS	48-6Q
3	Joel Tanem, BET	46-1 1/2Q
4	Mike Paone, STT	45-9 1/4Q
5	Mike Lewis, CAR	41-7 1/4Q
6	Jason Skramstad, STJ	39-10
7	Steve Berg, GUS	39-0 1/2

8	Brian Vaughn, STT	38-9
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### Final

1	Aaron Banks, CON	54-0
	NCAA Automatic Qualifier	
2	Brett Gross, GUS	52-4 3/4
	NCAA Provisional Qualifier	
3	David Berg, GUS	48-10 3/4
4	Joel Tanem, BET	46-1 1/2
5	Mike Paone, STT	45-9 1/4
6	Josh Augst, CAR	45-2 1/4
7	Eric Jensen, CAR	45-1 1/2
8	Robert Rosenthal, MAC	43-7
9	Mike Lewis, CAR	43-1 3/4

### Discus Throw

#### Round 1, Flight 1

1	John Powers, GUS	150-1Q
2	Jeremy Rondorf, STJ	140-6Q
3	Ted Ruzanic, STJ	136-9Q
4	Brett Gross, GUS	135-11Q
5	Joel Tanem, BET	133-10Q
6	Josh Nyquist, BET	128-9
7	Joe Bilek, STT	121-9
8	Shawn Growe, HAM	119-5
9	Aaron Harper, STT	109-3

#### Round 1, Flight 2

1	Aaron Banks, CON	165-5Q
	NCAA Automatic Qualifier	
2	Tony Kauck, STT	150-0Q
3	David Berg, GUS	143-11Q
4	Joe Langel, STT	139-8Q
5	Dan Odenbach, STT	133-3
6	Matt Walson, GUS	130-2
7	Jerod Reiter, STJ	127-3
8	Mike Reed, GUS	125-1
9	Eric Tomaszewski, STM	116-11

### Final

1	Aaron Banks, CON	165-5
	NCAA Automatic Qualifier	
2	John Powers, GUS	150-1
3	Tony Kauck, STT	150-0
4	David Berg, GUS	142-4
5	Joe Langel, STT	141-5
6	Jeremy Rondorf, STJ	140-6
7	Ted Ruzanic, STJ	140-4
8	Brett Gross, GUS	136-4
9	Joel Tanem, BET	133-10

### Hammer Throw

#### Round 1, Flight 1

1	Joe Bilek, STT	171-0Q
	NCAA Provisional Qualifier	
2	Dan Miller, STT	152-7Q
3	Joe Langel, STT	137-3
4	Andy Jelishek, GUS	122-3
5	Shawn Growe, HAM	117-11
6	Ian McWilliams, HAM	115-10
7	Jason Skramstad, STJ	109-1
8	Jeremy Rondorf, STJ	108-5
9	Dean Nielson, CON	101-0

Round 1, Flight 2		
1	Dan Jost, STJ	165-9Q
NCAA Provisional Qualifier		
2	Aaron Banks, CON	155-1Q
3	Gabe Caron, GUS	152-8Q
4	Tony Moore, CAR	149-2Q
5	Aaron Harper, STT	147-9Q
6	Dan Odenbach, STT	145-4Q
7	Chad Peterson, HAM	142-11Q
8	Eric Jensen, CAR	118-0
9	Robert Rosenthal, MAC	101-5

Final		
1	Joe Bilek, STT	171-0
NCAA Provisional Qualifier		
2	Dan Jost, STJ	165-9
NCAA Provisional Qualifier		
3	Aaron Banks, CON	156-7
4	Tony Moore, CAR	155-11
5	Dan Miller, STT	153-0
6	Gabe Caron, GUS	152-8
7	Aaron Harper, STT	147-9
8	Dan Odenbach, STT	145-4
9	Chad Peterson, HAM	142-11

#### Javelin Throw

Round 1, Flight 1		
1	Travis Zorn, STO	171-10Q
2	Joe Warren, STT	162-6Q
3	Aaron Oliver, STT	151-10
4	Chad Peterson, HAM	148-11
5	Bryan Gilbert, STJ	145-11
6	Jake Moerschel, MAC	143-0
7	Dave Bogie, STT	138-1

Round 1, Flight 2		
1	Kirk Carlson, GUS	171-1Q
2	Erik Rosenkranz, STT	170-2Q
3	Dan Besemann, STJ	165-5Q
4	Mike Johnson, GUS	161-10Q
5	Ryan Beachy, CON	160-8Q
6	Jerod Reiter, STJ	155-4Q
7	Trevor Smith, CON	155-0Q
8	James Lehnhoff, CON	134-10
9	Tony Moore, CAR	120-6

Final		
1	Travis Zorn, STO	181-0
2	Kirk Carlson, GUS	174-1
3	Erik Rosenkranz, STT	173-8
4	Dan Besemann, STJ	170-10
5	Joe Warren, STT	169-5
6	Ryan Beachy, CON	167-8
7	Mike Johnson, GUS	167-7
8	Trevor Smith, CON	157-10
9	Jerod Reiter, STJ	155-4

High Jump		
1	Kenneth Hoffmann, STO	6-10 1/4
NCAA Automatic Qualifier		
2	John Fenger, STJ	6-5 1/2
3	Eric Peterson, STO	6-5 1/2
4	Mike Criswell, STJ	6-3 1/2

5	Bryan Gilbert, STJ	6-3 1/2
6	Eric Peterson, GUS	6-1 1/2
6	Aaron Oliver, STT	6-1 1/2
6	Mike Hammer, STJ	6-1 1/2
9	Dan Kreft, STJ	6-1 1/2
10	Craig Madsen, BET	5-11 1/2
11	Jeff Ayer, STJ	5-11 1/2
12	Matt Sweetman, STJ	5-9 3/4
	Dan Roby, BET	DNC
	Matt Meents, STT	NH
	Eric Starkweather, MAC	NH

#### Pole Vault

1	Steve Kjar, HAM	14-10
2	Jay Schmitt, STT	14-10
3	Jonathan Doane, STT	14-4
4	Terry McCord, STJ	14-4
5	Jamie Stahle, HAM	13-10
6	Marty Barry, STJ	12-10 1/4
7	Willie Welzenbach, CAR	11-10 1/2
	Torrey Quella, STT	NH
	Josh Rhode, CON	DNC

#### Decathlon

1	Erik Rosenkranz, STT	7198
Meet record		
NCAA Automatic Qualifier		
2	Dan Besemann, STJ	6187
NCAA Provisional Qualifier		
3	Dave Bogie, STT	5893
4	Aaron Oliver, STT	5654
5	Carl Mueller, CAR	5465
6	Torrey Quella, STT	5152
7	Ryan Beachy, CON	4852
8	Jason Bezdichek, STJ	4803
9	Eric Starkweather, MAC	4595
10	Kevin Jackson, CON	4593
11	Joe Warren, STT	4515

#### TEAM SCORES

1	St. Thomas	195.0
2	Saint John's	134.0
3	Gustavus	107.0
4	St. Olaf	89.0
5	Carleton	85.0
6	Bethel	49.0
7	Hamline	48.0
8	Concordia	47.0
9	Macalester	44.0
10	Augsburg	20.0

#### Women

##### 100 Meter Dash

Round 1, Heat 1		
1	Andrea Budig, STT	12.47Q
NCAA Provisional Qualifier		
2	Sara Chapo, GUS	13.15Q
3	Britt Jacobson, CON	13.26Q
4	Rachel Beebe, BET	13.48
5	Stacy Gulbranson, BET	13.68

6	Bridget Anderson, MAC	13.78
7	Sara Lindquist, STB	13.85
Round 1, Heat 2		
1	Megan Pfeiffer, STT	12.88Q
2	Anne Fiechtner, CAR	13.13Q
3	Nicole Miley, STO	13.33Q
4	Marisa Nivatvongs, STO	13.38Q
5	Erin Kennedy, CAR	13.65
6	Martha Sarpong, MAC	13.68
7	Meredith Robinson, STO	14.76
Round 1, Heat 3		
1	Celeste Campo, STT	12.73Q
2	Mandy Magadan, BET	12.98Q
3	Shelly Gregorich, STO	13.48
4	Carolyn Walske, HAM	13.78
5	Alexis Phillips, MAC	13.87
6	Kris Ann Schmitz, STT	13.89
7	Deb Theis, GUS	14.30
8	Erin Miller, STO	14.71
Final		
1	Andrea Budig, STT	12.38
NCAA Provisional Qualifier		
2	Megan Pfeiffer, STT	12.81
3	Mandy Magadan, BET	12.93
4	Sara Chapo, GUS	13.06
5	Anne Fiechtner, CAR	13.10
6	Britt Jacobson, CON	13.26
7	Nicole Miley, STO	13.26
8	Marisa Nivatvongs, STO	13.61
200 Meter Dash		
Round 1, Heat 1		
1	Andrea Budig, STT	26.19Q
2	Kris Hansen, STO	27.08Q
3	Anne Fiechtner, CAR	27.29
4	Marisa Nivatvongs, STO	27.85
5	Dee Dee Cich, STB	28.47
6	Bridget Anderson, MAC	28.64
7	Erin Kennedy, CAR	28.79
8	Emily Risch, HAM	29.90
Round 1, Heat 2		
1	Celeste Campo, STT	26.22Q
2	Colleen Landwehr, STT	26.46Q
3	Sara Chapo, GUS	27.47
4	Stacy Gulbranson, BET	27.75
5	Sara Nelson, STO	27.95
6	Kris Ann Schmitz, STT	28.28
7	Toni Moe, CAR	28.88
Round 1, Heat 3		
1	Anita Paulino, STT	26.27Q
2	Mandy Magadan, BET	26.89Q
3	Rachel Beebe, BET	27.62
4	Shelly Gregorich, STO	27.70
5	Michelle Puppe, STO	27.99
6	Kerry Lynch, STB	28.25
7	Sara Lindquist, STB	28.74
8	Deb Theis, GUS	30.07
9	Erin Miller, STO	30.29
Round 1, Heat 4		

1	Jamie Lubitz, STT	26.09Q
2	Sara Ridge, GUS	27.19Q
3	Nicole Miley, STO	27.26Q
4	Kristi Berger, CON	27.85
5	Shawna Bradlich, STO	27.91
6	Malia Ireland, CAR	28.23
7	Martha Sarpong, MAC	28.86
8	Kristin Short, GUS	30.12
9	Meredith Robinson, STO	30.38
Final		
1	Andrea Budig, STT	25.30
MIAC record		
NCAA Automatic Qualifier		
2	Anita Paulino, STT	25.86
NCAA Provisional Qualifier		
3	Jamie Lubitz, STT	25.99
4	Colleen Landwehr, STT	26.32
5	Mandy Magadan, BET	26.42
6	Nicole Miley, STO	26.83
7	Sara Ridge, GUS	27.13
8	Kris Hansen, STO	27.38
400 Meter Dash		
Round 1, Heat 1		
1	Kris Hansen, STO	57.74Q
NCAA Provisional Qualifier		
2	Michele Haugen, CON	59.07Q
3	Rachel Hanson, MAC	61.92Q
4	Heidi Wall, BET	62.58
5	Steph Spong, GUS	63.14
6	Liz Loughren, HAM	63.52
7	Amaza Lieffort, HAM	65.67
8	Emily Risch, HAM	67.14
Round 1, Heat 2		
1	Jamie Lubitz, STT	58.51Q
NCAA Provisional Qualifier		
2	Alexis Brunner, STB	59.30Q
3	Sara Nelson, STO	62.87
4	Toni Moe, CAR	63.08
5	Malia Ireland, CAR	63.18
6	Kristi Berger, CON	63.73
7	Karna Anderson, STO	64.97
8	Shannon Hill, STC	65.40
Round 1, Heat 3		
1	Anita Paulino, STT	58.63Q
NCAA Provisional Qualifier		
2	Sara Ridge, GUS	59.80Q
3	Jill Wolverton, STT	60.74Q
4	Patty Paulino, STT	61.77Q
5	Michelle Puppe, STO	62.70
6	Emily Zender, STB	63.93
7	Karla Lorence, STO	66.14
8	Cassie Dendurent, MAC	66.32
9	Amy Simpson, HAM	68.05
Final		
1	Anita Paulino, STT	57.49
NCAA Automatic Qualifier		
2	Jamie Lubitz, STT	57.98
NCAA Provisional Qualifier		

3	Kris Hansen, STO	58.12
	NCAA Provisional Qualifier	
4	Alexis Brunner, STB	58.42
	NCAA Provisional Qualifier	
5	Michele Haugen, CON	60.00
6	Sara Ridge, GUS	60.65
7	Jill Wolverton, STT	61.20
8	Rachel Hanson, MAC	61.48
9	Patty Paulino, STT	62.08

#### 800 Meter Run

##### Round 1, Heat 1

1	Jessy Dease, STT	2:20.28Q
2	Kate Ainsworth, CAR	2:21.45Q
3	Becky Logan, BET	2:22.64Q
4	Alberta Anderson, STO	2:25.57
5	Vicki Estrellado, BET	2:27.11
6	Sara Frykman, GUS	2:31.74
7	Shannon Hill, STC	2:35.53
8	Lauren Persha, CAR	2:36.58
9	Jeanne Coleman, STM	2:39.64

##### Round 1, Heat 2

1	Stephanie Johnson, STO	2:18.60Q
2	Becca Wold, CON	2:18.72Q
3	Amy Thornquist, STT	2:18.82Q
4	Catie Taubel, STM	2:25.61
5	Kim Moss, STO	2:27.35
6	Tammy Saukkola, HAM	2:27.46
7	Brenda Bushie, HAM	2:31.60
8	Nicole Wiltse, STB	2:34.45
9	Shannon Stroschein, CAR	2:34.89

##### Round 1, Heat 3

1	Mollee Ludtke, CON	2:16.70Q
	NCAA Provisional Qualifier	
2	Kara Bloomquist, GUS	2:22.58Q
3	Maria Schilling, STO	2:22.79Q
4	Katie Vanselow, STB	2:26.78
5	Krista Bergren, CON	2:27.86
6	LaDawn Osmundson, GUS	2:28.58
7	Amy Decker, STT	2:30.86
8	Molly Herald, STO	2:34.61
9	Sarah Read, CAR	2:41.96

#### Final

1	Mollee Ludtke, CON	2:16.42
	NCAA Provisional Qualifier	
2	Stephanie Johnson, STO	2:16.69
	NCAA Provisional Qualifier	
3	Becca Wold, CON	2:18.09
4	Jessy Dease, STT	2:18.31
5	Amy Thornquist, STT	2:19.32
6	Kate Ainsworth, CAR	2:21.80
7	Maria Schilling, STO	2:23.45
8	Becky Logan, BET	2:24.23
9	Kara Bloomquist, GUS	2:24.98

#### 1500 Meter Run

##### Round 1, Heat 1

1	Lisa Scott, CAR	4:59.76Q
2	Rena Brown, STO	4:59.78Q
3	Jody Brinkman, STC	4:59.82Q

4	Sara Frykman, GUS	4:59.83Q
5	LaDawn Osmundson, GUS	5:04.71
6	Shannon Stroschein, CAR	5:05.37
7	Deb Winters, GUS	5:08.42
8	Katie Hanton, STO	5:14.25
9	Emilie Miller, MAC	5:20.69
10	Holly VandeWall, MAC	5:21.24
11	Marie Keller, STT	5:22.63
12	Jill Kokesch, HAM	5:33.50

#### Round 1, Heat 2

1	Krista Johnson, STT	4:53.58Q
2	Jessy Dease, STT	4:53.61Q
3	Becky Logan, BET	4:53.74Q
4	Patty Colvin, STT	5:01.47Q
5	Barb Snow, MAC	5:14.69
6	Gena Edwards, STB	5:16.81
7	Sarah Roeder, STB	5:17.04
8	Becky Pulju, STT	5:17.80
9	Leah Johnson, AUG	5:18.79
10	Laura Turritin, STO	5:20.35
11	Jamie Zentner, STO	5:27.46
12	Shelly Orvis, BET	5:33.31

#### Round 1, Heat 3

1	Heidi Sickler, CAR	4:49.68Q
2	Missy Peterson, STB	4:53.61Q
3	Kara Bloomquist, GUS	4:54.73Q
4	Ann Gremel, STO	4:58.39Q
5	Kim Moss, STO	5:02.30
6	Mary Grossman, STB	5:10.68
7	Jessi Johnson, STT	5:12.39
8	Jen Severson, STT	5:12.97
9	Sarah Read, CAR	5:15.48
10	Jeanne Coleman, STM	5:24.26
11	Joy McClain, BET	5:25.65
12	Katie O'Day, STO	5:25.67

#### Final

1	Heidi Sickler, CAR	4:39.54
	NCAA Automatic Qualifier	
2	Krista Johnson, STT	4:43.44
	NCAA Provisional Qualifier	
3	Lisa Scott, CAR	4:45.16
	NCAA Provisional Qualifier	
4	Kara Bloomquist, GUS	4:45.71
	NCAA Provisional Qualifier	
5	Jessy Dease, STT	4:46.79
6	Rena Brown, STO	4:54.81
7	Missy Peterson, STB	4:58.19
8	Ann Gremel, STO	4:58.41
9	Becky Logan, BET	5:00.03
10	Patty Colvin, STT	5:01.73
11	Jody Brinkman, STC	5:08.74
12	Sara Frykman, GUS	5:15.59

#### 3000 Meter Run

1	Krista Johnson, STT	10:18.96
	NCAA Provisional Qualifier	
2	Tara Schneider, STT	10:20.01
	NCAA Provisional Qualifier	
3	Karen Kreul, MAC	10:31.48



4	Laura Sloan, BET	10:34.07
5	Lisa Scott, CAR	10:40.68
6	Heidi Sickler, CAR	10:41.50
7	Missy Peterson, STB	10:52.35
8	Valerie Graeve, STT	11:05.47
9	Ann Gremel, STO	11:07.47
10	Renae Brown, STO	11:13.47
11	Tess Pulju, STT	11:19.72
12	Dana Peterson, GUS	11:23.47
13	Meg Hoyt, CAR	11:24.00
14	Becky Pulju, STT	11:27.86
15	Shannon Stroschein, CAR	11:34.58
16	Rachel Free, CAR	11:44.81
17	Laura Olson, STO	11:46.80
18	Leah Johnson, AUG	11:49.25
19	Keri Gunderson, HAM	11:58.99
5000 Meter Run		
1	Liisa Johnson, STT	18:23.06
2	Jordan Cushing, MAC	18:30.67
3	Dana Peterson, GUS	18:38.21
4	Kirsten Trandem, STO	18:40.83
5	Sheila Eldred, STB	18:46.55
6	Anna Leighton, STO	18:50.62
7	Laura Olson, STO	18:57.01
8	Sue Rupert, STC	19:03.54
9	Lisa Rensenbrink, BET	19:30.03
10	Jennifer Keeley, CAR	19:32.98
11	Molly Cooper, STB	19:35.00
12	Rachel Free, CAR	19:43.66
13	Stephanie Simones, AUG	19:59.08
14	Keri Gunderson, HAM	20:19.78
15	Jill Hartnett, BET	20:22.72
16	Michelle Capistrant, STT	20:29.92
17	Tricia Wandrey, STO	21:04.04
18	Joy McClain, BET	21:06.43
19	Gretchen Brekke, STB	21:23.46
20	Gina Stine, HAM	21:24.33
21	Hannah Wise, CAR	21:50.49
22	Heidi Krause, MAC	22:07.60
23	Kelly Rood, STO	23:43.95
10000 Meter Run		
1	Kelly Copps, STT	36:00.7
2	Kirsten Trandem, STO	39:24.6
3	Laura Sloan, BET	40:09.6
4	Lisa Rensenbrink, BET	40:14.0
5	Molly Cooper, STB	40:17.0
6	Stephanie Simones, AUG	41:08.3
7	Meg Hoyt, CAR	41:19.9
8	Andrea Ekerholm, STO	42:03.9
9	Colleen Barth, STT	42:21.6
10	Sarah Berg, CON	42:34.8
11	Jill Hartnett, BET	42:44.8
12	Tricia Wandrey, STO	42:55.2
13	Amy Moore, CAR	43:05.8
14	Gina Stine, HAM	43:51.9
15	Abi Watras, STO	44:03.8
16	Sara Manthei, STO	46:50.7
17	Jenny Smith, GUS	49:06.9

## 100 Meter Hurdles

### Round 1, Heat 1

1	Colleen Landwehr, STT	15.13Q
NCAA Provisional Qualifier		
2	Tracy Berntsen, CON	15.96Q
3	Renee Olson, BET	16.63Q
4	Doreen Bechtold, STT	16.64
5	Molly Staeheli, STO	16.73
6	Joani Chalman, STO	17.50
7	Katie Pattyn, STB	17.85

### Round 1, Heat 2

1	Mollie Pattyn, STT	15.41Q
NCAA Provisional Qualifier		
2	Busola Akinwale, CAR	16.05Q
3	Melonie Hill, STT	16.29Q
4	Adina Miller, GUS	16.79
5	Carrie Goffin, STO	17.95
6	Alissa Haller, STB	18.63
7	Andrea Eeg, CON	24.48

### Round 1, Heat 3

1	Amy Doherty, STT	15.51Q
2	Jolene Beitz, CAR	15.60Q
3	Emily Bratt, STO	16.15Q
4	Lori Garlock, STB	16.92
5	Susanna Wilson, HAM	17.45

### Final

1	Colleen Landwehr, STT	15.06
NCAA Automatic Qualifier		
2	Mollie Pattyn, STT	15.06
NCAA Automatic Qualifier		
3	Jolene Beitz, CAR	15.42
NCAA Provisional Qualifier		
4	Amy Doherty, STT	15.48
5	Busola Akinwale, CAR	15.53
6	Melonie Hill, STT	15.66
7	Emily Bratt, STO	15.69
8	Tracy Berntsen, CON	15.79
9	Renee Olson, BET	16.74

## 400 Meter Hurdles

### Round 1, Heat 1

1	Meghan Holton, STO	65.20Q
2	Alysia Zielske, STT	67.39Q
3	Sarah Severson, CON	69.34Q
4	Eva Farkas, MAC	71.14
5	Katie Pattyn, STB	71.90
6	Kim Carlson, BET	74.67

### Round 1, Heat 2

1	Amy Doherty, STT	66.39Q
2	Melonie Hill, STT	66.69Q
3	Doreen Bechtold, STT	70.62
4	Joani Chalman, STO	72.25
5	Jessica Meistrell, GUS	73.49

### Round 1, Heat 3

1	Tracy Berntsen, CON	66.03Q
2	Mollie Pattyn, STT	66.89Q
3	Renee Olson, BET	66.99Q
4	Lori Garlock, STB	70.38Q
5	Susanna Wilson, HAM	72.94

6 Alissa Haller, STB 75.42  
7 Janet Piehl, MAC 76.35

Final

1 Tracy Berntsen, CON 63.20  
NCAA Automatic Qualifier  
2 Amy Doherty, STT 64.59  
NCAA Provisional Qualifier  
3 Meghan Holton, STO 65.73  
4 Mollie Pattyn, STT 67.46  
5 Melonie Hill, STT 67.79  
6 Renee Olson, BET 67.90  
7 Alysia Zielske, STT 68.24  
8 Sarah Severson, CON 69.47  
9 Lori Garlock, STB 73.18

4X100 Meter Relay

Round 1, Heat 1

1 St. Thomas (Celeste Campo, Megan Pfeiffer,  
Anita Paulino, Andrea Budig) 49.16Q

NCAA Provisional Qualifier

2 Concordia (Britt Jacobson, Michele Haugen,  
Kristi Berger, Sarah Severson) 51.40Q

3 Bethel (Rachel Beebe, Stacy Gulbranson,  
Heidi Wall, Mandy Magadan) 51.56Q

4 Gustavus (Deb Theis, Sara Ridge, Steph  
Spong, Sara Chapo) 52.53Q

5 Hamline (Emily Risch, Tammy Saukkola,  
Susanna Wilson, Carolyn Walske) 54.28Q

Round 1, Heat 2

1 Carleton (Erin Kennedy, Anne Fiechtner,  
Jolene Beitz, Busola Akinwale) 50.74Q

2 St. Olaf (Nicole Miley, Marisa Nivatvongs,  
Shelly Gregorich, Kris Hansen) 50.95Q

3 Macalester (Martha Sarpong, Bridget  
Anderson, Eva Farkas, Alexis Phillips) 52.89Q

4 St. Mary's (Catie Taubel, Lori Stoltz, Sarah  
Jorgensen, Tina Tomaszewski) 56.84Q

St. Benedict DQ

Final

1 St. Thomas (Celeste Campo, Megan Pfeiffer,  
Anita Paulino, Andrea Budig) 48.50

MIAC record

NCAA Automatic Qualifier

2 Carleton (Erin Kennedy, Anne Fiechtner,  
Jolene Beitz, Busola Akinwale) 50.10

3 St. Olaf (Nicole Miley, Marisa Nivatvongs,  
Shelly Gregorich, Kris Hansen) 50.37

4 Bethel (Rachel Beebe, Stacy Gulbranson,  
Heidi Wall, Mandy Magadan) 51.37

5 Concordia (Britt Jacobson, Michele Haugen,  
Kristi Berger, Sarah Severson) 51.92

6 Gustavus (Deb Theis, Sara Ridge, Steph  
Spong, Sara Chapo) 52.55

7 Macalester (Martha Sarpong, Bridget  
Anderson, Eva Farkas, Alexis Phillips) 53.59

8 Hamline (Emily Risch, Tammy Saukkola,  
Susanna Wilson, Carolyn Walske) 53.86

4X400 Meter Relay

1 St. Thomas (Amy Doherty, Alysia Zielske,  
Jamie Lubitz, Anita Paulino) 3:55.19

MIAC record

NCAA Automatic Qualifier

2 Concordia (Britt Jacobson, Mollee Ludtke,  
Michele Haugen, Tracy Berntsen) 3:56.13

NCAA Automatic Qualifier

3 St Olaf 3:59.89  
NCAA Provisional Qualifier

4 St Bens 4:07.48

5 Gustavus 4:07.69

6 Bethel (Becky Logan, Mandy Magadan,  
Heidi Wall, Rachel Beebe) 4:10.31

7 Carleton 4:11.20

8 Hamline 4:17.85

9 Macalester (Rachel Hanson, Eva Farkas,  
Cassie Dendurent, Barb Snow) 4:20.58

Long Jump

Round 1, Flight 1

1 Megan Pfeiffer, STT 17-0Q

2 Busola Akinwale, CAR 16-9 1/4Q

3 Jill Holbrook, STB 16-8 1/2Q

4 Colleen Landwehr, STT 16-1Q

5 Bridget Anderson, MAC 15-10 1/4

6 Nicole Miley, STO 15-8 3/4

7 Nina Grossman, STT 15-4 3/4

8 Laura Slaikeu, BET 14-4 1/2

Round 1, Flight 2

1 Carolyn Walske, HAM 16-5 3/4Q

2 Jill Wolverton, STT 16-5Q

3 Angie Norton, STO 0-0

4 Doreen Bechtold, STT 16-4 1/4Q

4 Christa Lawler, STT 16-4 1/4Q

6 Sarah Severson, CON 16-0 1/2

7 Martha Sarpong, MAC 15-11 1/2

8 Kerry Lynch, STB 15-4 3/4

9 Erika Halvorsen, CON 15-0 3/4

Final

1 Megan Pfeiffer, STT 17-11  
NCAA Provisional Qualifier

2 Busola Akinwale, CAR 17-3 1/2

3 Angie Norton, STO 17-2 1/4

4 Jill Holbrook, STB 16-10

5 Colleen Landwehr, STT 16-7 3/4

6 Carolyn Walske, HAM 16-5 3/4

7 Jill Wolverton, STT 16-5 1/4

8 Doreen Bechtold, STT 16-5

9 Christa Lawler, STT 16-4 1/4

Triple Jump

Round 1, Flight 1

1 Adina Miller, GUS 34-10 1/2Q

2 Sarah Severson, CON 33-10Q

3 Nina Grossman, STT 32-11 1/4Q

4 Molly Staeheli, STO 32-9Q

5 Heidi Wall, BET 32-5 1/2

6 Lori Garlock, STB 31-10

7 Erika Halvorsen, CON 31-6 3/4

8	Aimee Anderson, STT	29-11 1/4
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Round 1, Flight 2		
1	Megan Pfeiffer, STT	36-1 1/4Q
2	Busola Akinwale, CAR	35-3 3/4Q
3	Martha Sarpong, MAC	35-1 1/4Q
4	Jill Wolverton, STT	32-11 3/4Q
5	Christa Lawler, STT	32-11 3/4Q
6	Laura Slaikeu, BET	31-5 1/4
7	Carolyn Walske, HAM	30-9 1/4
8	Pam Aufderhar, HAM	30-3 1/2
9	Kerry Lynch, STB	28-11

Final		
1	Megan Pfeiffer, STT	36-5 3/4
	NCAA Provisional Qualifier	
2	Busola Akinwale, CAR	35-10 1/2
3	Martha Sarpong, MAC	35-6 1/2
4	Adina Miller, GUS	35-0 1/4
5	Sarah Severson, CON	34-3
6	Jill Wolverton, STT	32-11 3/4
7	Christa Lawler, STT	32-11 3/4
8	Nina Grossman, STT	32-11 1/4
9	Molly Staeheli, STO	32-9

Shot Put		
Round 1, Flight 1		
1	Brenda Magoba, GUS	41-8 3/4Q
	NCAA Provisional Qualifier	
2	Michelle Eisenreich, CAR	41-3 3/4Q
	NCAA Provisional Qualifier	
3	Jessica Waldek, GUS	36-5 1/2Q
4	Jeanette Stai, STT	36-1 1/4Q
5	Tina Tomaszewski, STM	36-1 1/4Q
6	Andi Christenson, HAM	35-1 3/4
7	Becky Kearns, CON	34-0 3/4
8	Tonsha McPherson, GUS	33-0 1/4
9	Jenni Lehmann, STB	31-4 1/2

Round 1, Flight 2		
1	Misty Bahr, HAM	40-7 3/4Q
2	Janna Powell, BET	38-10 1/4Q
3	Jennelle Jacobson, STB	36-3Q
4	Renee Erickson, CON	35-2Q
5	Shannon Frey, CON	34-7
6	Jen Muil, GUS	34-3 1/2
7	Kristin Quade, STO	33-6 3/4
8	Doreen Bechtold, STT	32-9
9	Ruth Awangtang, MAC	31-6 1/2

Final		
1	Michelle Eisenreich, CAR	42-6 1/4
	NCAA Provisional Qualifier	
2	Brenda Magoba, GUS	41-8 3/4
	NCAA Provisional Qualifier	
3	Misty Bahr, HAM	40-7 3/4
4	Janna Powell, BET	39-0 1/4
5	Jessica Waldek, GUS	36-5 1/2
6	Jennelle Jacobson, STB	36-3
7	Jeanette Stai, STT	36-2 3/4
8	Tina Tomaszewski, STM	36-1 1/4
9	Renee Erickson, CON	35-2

Discus Throw		
Round 1, Flight 1		
1	Brenda Magoba, GUS	129-9Q
2	Renee Erickson, CON	119-8Q
3	Shannon Frey, CON	117-1Q
4	Becky Kearns, CON	116-3Q
5	Jennelle Jacobson, STB	115-10Q
6	Kirstin Olinger, GUS	112-5Q
7	Ruth Awangtang, MAC	109-0Q
8	Laura Schaeffer, HAM	102-0

Round 1, Flight 2		
1	Misty Bahr, HAM	138-0Q
	NCAA Provisional Qualifier	
2	Michelle Eisenreich, CAR	133-8Q
	NCAA Provisional Qualifier	
3	Jeanette Stai, STT	108-2
4	Bridget McAllister, STB	104-7
5	Faun Carel, STC	103-3
6	Andrea Wuebker, STB	91-0

Final		
1	Michelle Eisenreich, CAR	140-4
	NCAA Automatic Qualifier	
2	Misty Bahr, HAM	138-0
	NCAA Provisional Qualifier	
3	Brenda Magoba, GUS	129-9
4	Shannon Frey, CON	123-7
5	Jennelle Jacobson, STB	122-1
6	Renee Erickson, CON	119-8
7	Becky Kearns, CON	116-3
8	Kirstin Olinger, GUS	112-5
9	Ruth Awangtang, MAC	109-0

Hammer Throw		
Round 1, Flight 1		
1	Michelle Eisenreich, CAR	121-5Q
2	Shannon Frey, CON	120-6Q
3	Janna Powell, BET	112-6Q
4	Tonsha McPherson, GUS	111-4
5	Katy Napgezsek, HAM	95-10
6	Angie Norton, STO	94-1
7	Kristi Nelson, BET	83-6

Round 1, Flight 2		
1	Jen Muil, GUS	133-10Q
	MIAC record	
2	Misty Bahr, HAM	132-11Q
	MIAC record	
3	Kirstin Olinger, GUS	121-9Q
4	Becky Kearns, CON	118-11Q
5	Shawna Bradlich, STO	112-3Q
6	Andi Christenson, HAM	112-1Q
7	Tonnie Wulff, GUS	104-9
8	Susan Posch, STB	102-10
9	Jeanette Stai, STT	101-0

Final		
1	Jen Muil, GUS	133-10
	MIAC record	
2	Misty Bahr, HAM	132-11
	MIAC record	
3	Kirstin Olinger, GUS	123-1

4	Becky Kearns, CON	121-5
5	Michelle Eisenreich, CAR	121-5
6	Shannon Frey, CON	120-6
7	Andi Christenson, HAM	112-10
8	Janna Powell, BET	112-6
9	Shawna Bradlich, STO	112-3

Javelin Throw

Round 1, Flight 1

1	Renee Erickson, CON	143-3Q
	NCAA Automatic Qualifier	
2	M L Rutherford, CON	121-5Q
3	Megan Foster, CAR	111-6Q
4	Michelle Eisenreich, CAR	103-10Q
5	Laura Schaeffer, HAM	101-10Q
6	Carrie Goffin, STO	90-6
7	Becky Crosbie, GUS	81-7
8	Lisa Harms, BET	81-5

Round 1, Flight 2

1	Erin Donald, MAC	108-10Q
2	Tessa Johnson, STB	107-11Q
3	Mollie Pattyn, STT	103-7Q
4	Becky Kearns, CON	102-9Q
5	Tonya Edel, GUS	87-3
6	Bridget McAllister, STB	84-11
7	Mary Pat Schilling, STB	84-2
8	Pam Aufderhar, HAM	83-7
9	Carolyn Walske, HAM	62-10 1/2

Final

1	Renee Erickson, CON	152-5
	MIAC record	
	NCAA Automatic Qualifier	
2	M L Rutherford, CON	127-7
	NCAA Provisional Qualifier	
3	Michelle Eisenreich, CAR	115-7
4	Erin Donald, MAC	112-0
5	Megan Foster, CAR	111-6
6	Tessa Johnson, STB	107-11
7	Mollie Pattyn, STT	103-7
8	Becky Kearns, CON	102-9
9	Laura Schaeffer, HAM	101-10

High Jump

1	Nina Grossman, STT	5-7
	NCAA Automatic Qualifier	
2	Karen Felger, GUS	5-3 3/4
3	Kim Carlson, BET	5-2 1/4
4	Becky Johnson, GUS	5-0 1/2
5	Jill Holbrook, STB	5-0 1/2
5	Karla Lorence, STO	5-0 1/2
7	Colleen Landwehr, STT	5-0 1/2
7	Sara Spohr, CON	5-0 1/2
9	Heidi Schillinger, STO	4-11
10	Carrie Goffin, STO	4-11
11	Brittan Bacon, HAM	4-9 1/2
12	Becky Houck, GUS	4-7 3/4
13	Amy Swart, GUS	4-7 3/4
14	Kristen Prescott, STO	4-6 1/4

Heptathlon

1	Colleen Landwehr, STT	4300
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	NCAA Automatic Qualifier	
2	Mollie Pattyn, STT	4157
	NCAA Provisional Qualifier	
3	Doreen Bechtold, STT	3755
4	Jill Wolverton, STT	3747
5	Jill Holbrook, STB	3655
6	Nicole Miley, STO	3650
7	Carrie Goffin, STO	3362
8	Katie Pattyn, STB	2993
9	Carolyn Walske, HAM	2745
10	Laura Schaeffer, HAM	2663
11	Pam Aufderhar, HAM	2652

TEAM SCORES

1	St. Thomas	269.5
2	Carleton	102.0
3	Concordia	89.5
4	Gustavus	81.0
5	St. Olaf	80.5
6	Bethel	50.0
7	St. Benedict	45.5
8	Hamline	29.0
9	Macalester	28.0
10	Augsburg	3.0
11	St. Mary's	1.0
11	St. Catherine	1.0